SUNDAY / DOMINGO			MEETING FORMAT LEGEND			
30PM	hrsHR Lost and Found, AA Clubhouse, Al Anon Serenity Room, 205 West Adams, Harlingen, TX, 78550 (O, IT, NS)	[В	Beginners	BK	Book Study
	MONDAY / LUNES		CC	Chairperson's Choice	D	Discussion
7 . OODM	hrsHR Life's 2nd Chance, Our Savior Lutheran, Room C, 1104 W. Fern Ave, McAllen, TX, 78501 (O,B,NS)		JT	Just for Today	LT	Literature Study
. OUFFI			NS	No Smoking	0	Open
	TUESDAY / MARTES		RF	Rotating Format	То	Topic
		г				

HELPLINES

SERVICE MEETINGS

PHONE NUMBERS					

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

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MEETING FORMAT LEGEND						
В	Beginners	BK	Book Study			
CC	Chairperson's Choice	D	Discussion			
JT	Just for Today	LT	Literature Study			
NS	No Smoking	0	Open			
RF	Rotating Format	То	Topic			
W	Women	WC	Wheelchair			

hrsHR Shot of Hope Group, The University of Texas Rio Grande Valley, University Center, Room 102, 1201 W. University Drive, Edinburg, TX, 78539 (O,JT,WC,NS,LT)

6:00PM hrsHR Lost and Found Women's Meeting, AA Clubhouse, Al Anon Serenity Room, 205 West Adams, Harlingen, TX, 78550 (O,B,JT,RF,W,NS,LT,CC)

WEDNESDAY / MIÉRCOLES

7:00PM hrsHR Life's 2nd Chance, Our Savior Lutheran, Room C, 1104 W. Fern Ave, McAllen, TX, 78501 (O,D,To,NS)

8:00PM hrsHR Lost and Found, AA Clubhouse, Al Anon Serenity Room, 205 W Adams, Harlingen, TX, 78550 (O,B,LT,CC)

FRIDAY / VIERNES

7:00PM hrsHR Life's 2nd Chance, Our Savior Lutheran, Room C, 1104 W. Fern Ave, McAllen, TX, 78501 (O,D,BK,NS)



RIO GRANDE VALLEY AREA MEETING LIST MAY 2025

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 7