

SUNDAY / DOMINGO

8:00PM hrsHR Last House on the Block, Our Savior Lutheran, Classroom C, 1105 W. Fern Ave, McAllen, TX, 78501 **(O,CL,To,NS)**

MONDAY / LUNES

7:00PM hrsHR Lifes 2nd Chance, Our Savior Lutheran, Classroom C, 1105 W. Fern Ave, McAllen, TX, 78501 **(O,B,NS)**

TUESDAY / MARTES

10:00AM hrsHR Shot of Hope Group, The University of Texas Rio Grande Valley, University Center, Room 102, 1201 W. University Drive, Edinburg, TX, 78539 **(O,JT,WC,NS,LT)**

1:30PM hrsHR New Way of Life, Edinburg Transitional Center, Institutional Meeting, 402 Chapin, Edinburg, TX, 78541 **(O,NS)** *This meeting requires pre-approval by Mr. Cruz at 956-900-1467 to attend*

WEDNESDAY / MIÉRCOLES

7:00PM hrsHR Lifes 2nd Chance, Our Savior Lutheran, Classroom C, 1105 W. Fern Ave, McAllen, TX, 78501 **(O,D,To,NS)**

THURSDAY / JUEVES

10:00AM hrsHR Shot of Hope Group, The University of Texas Rio Grande Valley, University Center, Room 102, 1201 W. University Drive, Edinburg, TX, 78539 **(O,JT,WC,NS,LT)**

8:15PM hrsHR Hourglass, South Texas Behavioral Hospital (Across from Applebees), 2102 W. Trenton Rd, Edinburg, TX, 78539 **(O,BL,D,NC,NS)**

FRIDAY / VIERNES

NOON hrsHR Shot of Hope Group, The University of Texas Rio Grande Valley, University Center, Room 102, 1201 W. University Drive, Edinburg, TX, 78539 **(O,JT,WC,NS,LT)**

7:00PM hrsHR Lifes 2nd Chance, Our Savior Lutheran, Classroom C, 1105 W. Fern Ave, McAllen, TX, 78501 **(O,D,BK,NS)**

SATURDAY / SÁBADO

8:30PM hrsHR Lifes 2nd Chance, Our Savior Lutheran, Classroom C, 1105 W. Fern Ave, McAllen, TX, 78501 **(O,St,NS)**

MEETING FORMAT LEGEND

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|----|------------------|----|----------------|
| B | Beginners | BK | Book Study |
| BL | Bi-Lingual | CL | Candlelight |
| D | Discussion | JT | Just for Today |
| LT | Literature Study | NC | No Children |
| NS | No Smoking | O | Open |
| St | Step | To | Topic |
| WC | Wheelchair | | |

HELPLINES

SERVICE MEETINGS

PHONE NUMBERS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.**

**Our message is hope
and the promise of freedom.**



RIO GRANDE VALLEY AREA

MEETING LIST

OCTOBER 2020

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 10