#### SUNDAY / DOMINGO

**6:30PM** hrsHR Lost and Found, AA Clubhouse, 205 West Adams, Harlingen, TX, 78550 (O,JT,NS)

#### MONDAY / LUNES

7:00PM hrsHR Life's 2nd Chance, Our Savior Lutheran, Room C, 1104 W. Fern Ave, McAllen, TX, 78501 (O,B,NS)

## **TUESDAY / MARTES**

NOON hrsHR Shot of Hope Group, The University of Texas Rio Grande Valley,
University Center, Room 102, 1201 W. University Drive, Edinburg, TX,
78539 (O,JT,WC,NS,LT)

## WEDNESDAY / MIÉRCOLES

7:00PM hrsHR Life's 2nd Chance, Our Savior Lutheran, Room C, 1104 W. Fern Ave, McAllen, TX, 78501 (O,D,To,NS)

8:00PM hrsHR Lost and Found, 205 W Adams, Harlingen, TX, 78550 (O,B,LT,CC)

#### THURSDAY / JUEVES

7:90PM hrsHR Lost Dreams Awaken, Abundant Grace Community Church, Entrance located in back of Sanctuary Building, 2nd Floor, Room C, 2110 S.

McColl St., Edinburg, TX, 78539 (O,IP,LT)

#### FRIDAY / VIERNES

7:00PM hrsHR Life's 2nd Chance, Our Savior Lutheran, Room C, 1104 W. Fern Ave, McAllen, TX, 78501 (O,D,BK,NS)

#### SATURDAY / SÁBADO

7:00PM hrsHR Life's 2nd Chance, Our Savior Lutheran, Room C, 1104 W. Fern Ave, McAllen, TX, 78501 (O,B,NS)

MEETING FORMAT LEGEND			
В	Beginners	BK	Book Study
CC	Chairperson's Choice	D	Discussion
IP	Informational Pamphlet	JT	Just for Today
LT	Literature Study	NS	No Smoking
0	Open	То	Topic
WC	Wheelchair		·

# **HELPLINES**

## **SERVICE MEETINGS**

PHONE NUMBERS			

# What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65



# RIO GRANDE VALLEY AREA MEETING LIST APRIL 2024

# **SUGGESTIONS FOR EVERYONE**

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 8