SUNDAY / DOMING

6:30PM hrsHR Lost and Found, AA Clubhouse, Al Anon Serenity Room, 205 West Adams, Harlingen, TX, 78550 (O,JT,NS)

MONDAY / LUNES

7:00PM hrsHR Life's 2nd Chance, Our Savior Lutheran, Room C, 1104 W. Fern Ave, McAllen, TX, 78501 (0,B,NS)

TUESDAY / MARTES

NOON hrsHR Shot of Hope Group, The University of Texas Rio Grande Valley, University Center, Room 102, 1201 W. University Drive, Edinburg, TX, 78539 (O,JT,WC,NS,LT)

6:00PM hrsHR Lost and Found Women's Meeting, AA Clubhouse, Al Anon Serenity Room, 205 West Adams, Harlingen, TX, 78550 (O,B,JT,RF,W,NS,LT,CC)

WEDNESDAY / MIÉRCOLES

7:00PM hrsHR Life's 2nd Chance, Our Savior Lutheran, Room C, 1104 W. Fern Ave, McAllen, TX, 78501 (O,D,To,NS)

8:00PM hrsHR Lost and Found, AA Clubhouse, Al Anon Serenity Room, 205 W Adams, Harlingen, TX, 78550 (O,B,LT,CC)

FRIDAY / VIERNES

7:00PM hrsHR Life's 2nd Chance, Our Savior Lutheran, Room C, 1104 W. Fern Ave, McAllen, TX, 78501 (O,D,BK,NS)

MEETING FORMAT LEGEND

В	Beginners	BK	Book Study
CC	Chairperson's Choice	D	Discussion
JT	Just for Today	LT	Literature Study
NS	No Smoking	0	Open
RF	Rotating Format	То	Торіс
W	Women	WC	Wheelchair
RF	Rotating Format	То	Торіс

HELPLINES

SERVICE MEETINGS

PHONE NUMBERS

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

Basic Text, page 65



RIO GRANDE VALLEY AREA

MEETING LIST

JULY 2025

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what Ask your Higher Power to keep you clean Come early and stay late Get a home group Go to 90 meetings in 90 days Read NA literature daily Get and use a sponsor Use the PHONE KEEP COMING BACK. IT WORKS

Meetings Weekly: 7