

SUNDAY / DOMINGO

10:00AM	hrsHR	Men's Spiritual Meeting , Dixie Alano Club, 559 N 1060 E, St. George, UT, 84770 (O,JT,M) <i>In Person/Masks Required</i>
11:00AM	hrsHR	Women's Spiritual Haven of Hope , Keep Coming Back Meeting Hall, 203 E Cobblecreek Dr., Cedar City, UT, 84721 (O,JT,W) <i>In Person/Masks Required</i>
1:30PM	hrsHR	Promise of Freedom Group , Mesquite Boxing Club, 51 E 1 N, Mesquite, NV, 89027 (O,JT,TC)
4:00PM	hrsHR	Kanab NA Recovery Group , American Legion Hut, 486 Senior Center Way, Kanab, UT, 84741 (O,To) <i>In Person</i>
6:00PM	hrsHR	No Gram Like The Program , Heritage Museum, Basement, 35 State Street, Hurricane, UT, 84737 (O,To) <i>In Person</i>
6:00PM	hrsHR	Sunday Night Candlelight NA , Dixie Alano Club, 559 N 1060 E, St. George, UT, 84770 (O,CL,JT) <i>In Person</i>
6:30PM	hrsHR	H.O.P.E - Hold On Pain Ends , Presbyterian Church, 56 E 200 S, Richfield, UT, 84701 (O) <i>In Person/Masks Required</i>
7:30PM	hrsHR	Lost Dreams Awakened , Sandtown Park North Pavilion, 600 North Bluff Street, St. George, UT, 84770 (O,RF) <i>In Person</i>
8:00PM	hrsHR	Dopeless Hope Fiends , Keep Coming Back Meeting Hall, 203 E. Cobblecreek Dr., Cedar City, UT, 84721 (O,To) <i>In Person</i>

MONDAY / LUNES

NOON	hrsHR	The Nooner , Dixie Alano Club, 559 N 1060 E, St. George, UT, 84770 (O,BT,TC,VM) <i>Virtual ID:435 435 1953 PW: 1953</i>
6:00PM	hrsHR	The Kiss Meeting , Dixie Alano Club, 559 N 1060 E, St. George, UT, 84770 (O,To) <i>In Person/Masks Required</i>
6:30PM	hrsHR	H.O.P.E - Hold On Pain Ends , Presbyterian Church, 56 East 200 South, Richfield, UT, 84701 (O,D) <i>In Person/Masks Required</i>
8:00PM	hrsHR	Basic Text Study , Keep Coming Back Meeting Hall, 203 E. Cobblecreek Dr., Cedar City, UT, 84721 (O,BT,D) <i>In Person</i>
8:00PM	hrsHR	Circle of Hope , Blues Kats Rock & Roll Grill, 307 N Bluff Street, St. George, UT, 84770 (O,RF) <i>In Person</i>

TUESDAY / MARTES

NOON	hrsHR	The Nooner , Dixie Alano Club, 559 N 1060 E, St. George, UT, 84770 (O,IW,TC,VM) <i>Virtual ID:435 435 1953 PW: 1953</i>
6:00PM	hrsHR	Living Clean the Journey Continues , Dixie Alano Club, 559 N 1060 E, St. George, UT, 84770 (O,LT,VM) <i>In Person/Virtual: 607 633 5359 PW: 574934</i>
7:00PM	hrsHR	Kanab NA Recovery Group , American Legion Hut, 486 Senior Center Way, Kanab, UT, 84741 (O,D) <i>In Person/Masks Required</i>
7:00PM	hrsHR	Lost & Found , The Room at The Square, 175 W 900 S, St. George, UT, 84770 (O,CC) <i>In Person</i>
8:45PM	hrsHR	We Unite On Tuesday Night , Grace Episcopal Church, 1072 E 900 S, St. George, UT, 84790 (O,St,Tr,VM) <i>In Person/Virtual: 876 0917 7861</i>

WEDNESDAY / MIÉRCOLES

NOON	hrsHR	The Nooner , Dixie Alano Club, 559 N 1060 E, St. George, UT, 84770 (O,BT,TC,VM) <i>Virtual ID: 435 435 1953 PW: 1953</i>
6:30PM	hrsHR	Kanab NA Recovery Group , American Legion Hut, 486 Senior Center Way, Kanab, UT, 84741 (O) <i>In Person/Masks Required</i>
7:00PM	hrsHR	NA Hump Day , Dixie Alano Club, 559 N 1060 E, St. George, UT, 84770 (O,RF) <i>In Person/Masks Required</i>
8:00PM	hrsHR	Living Clean , Keep Coming Back Meeting Hall, 203 E Cobblecreek Dr, Cedar City, UT, 84721 (O,D) <i>In Person</i>

THURSDAY / JUEVES

NOON	hrsHR	The Nooner , Dixie Alano Club, 559 N 1060 E, St. George, UT, 84770 (O,Tr,TC,VM) <i>Virtual ID:435 435 1953 PW: 1953</i>
6:00PM	hrsHR	Living In the Moment , Dixie Alano Club, 559 N 1060 E, St. George, UT, 84770 (O,To,TC)
8:00PM	hrsHR	It Works How and Why , Keep Coming Back Meeting Hall, 203 E Cobblecreek Dr., Cedar City, UT, 84721 (O,IW) <i>In Person</i>

FRIDAY / VIERNES

NOON	hrsHR	The Nooner , Dixie Alano Club, 559 N 1060 E, St. George, UT, 84770 (O,BT,TC,VM) <i>Virtual ID:435 435 1953 PW: 1953</i>
6:30PM	hrsHR	H.O.P.E - Hold On Pain Ends , Presbyterian Church, 56 E 200 S, Richfield, UT, 84701 (O) <i>In Person/Masks Required</i>
7:00PM	hrsHR	Kanab NA Recovery Group , 808 N Hunt Drive, Fredonia, AZ, 86022 (O,D) <i>In Person</i>
7:30PM	hrsHR	The Newcomer Meeting , Slick Rock Park, 2395 E Riverside Drive, St. George, UT, 84790 (O,JT,S) <i>In Person</i>
8:00PM	hrsHR	Live and Let Live , Keep Coming Back Meeting Hall, 203 E Cobblecreek Dr, Cedar City, UT, 84721 (O) <i>In Person</i>

SATURDAY / SÁBADO

10:00AM	hrsHR	Circle of Sisters , Dixie Alano Club, 559 N 1060 E, St. George, UT, 84770 (O,D,S,W,TC,VM) <i>Virtual 298 435 942</i>
----------------	--------------	--

SATURDAY / SÁBADO (CONT)

10:00AM	hrsHR	Men's Meeting , Dixie Alano Club, 559 N 1060 E, St. George, UT, 84770 (JT,M) <i>In Person/Masks Required</i>
4:00PM	hrsHR	Kanab NA Recovery Group , American Legion Hut, 486 Senior Center Way, Kanab, UT, 84741 (O,To) <i>In Person</i>
7:00PM	hrsHR	NA In Escalante , Recreation Barn, Pine Creek Road, Escalante, UT, 84726 (C,D,JT,TC)
8:00PM	hrsHR	Bridging the Gap , Dixie Alano Club, 559 N 1060 E, St. George, UT, 84770 (O,BT) <i>In Person/Masks Required</i>
9:30PM	hrsHR	Glimmer of Hope , Keep Coming Back Hall, 203 E Cobblecreek Dr., Cedar City, UT, 84721 (C,AB) <i>In Person</i>

MEETING FORMAT LEGEND

AB	Ask It Basket	BT	Basic Text
C	Closed	CC	Chairperson's Choice
CL	Candlelight	D	Discussion
IW	It Works -How and Why	JT	Just for Today
LT	Literature Study	M	Men
O	Open	RF	Rotating Format
S	Speaker	St	Step
TC	Temporarily Closed	To	Topic
Tr	Tradition	VM	Virtual Meeting-Online/Phone
W	Women		

HELPLINES

Bahamas	242-426-5245
Bay Area/Pinellas (Pinellas County)	727-547-0444
Boca Raton/Delray Beach	561-393-0303
Bradenton	941-957-7910
Daytona Beach (Volusia County)	800-206-0731
First Coast Area (Duval County)	904-723-5683
Forest/Ocala (Marion City)	352-368-6061
Gainesville (Uncoast Area)	352-376-8008
Jacksonville	800-576-4357
Heartland Area (Lakeland/Polk County)	863-683-0630
Melbourne/Titusville	321-631-4357
Nature Coast	352-508-1604
New Port Richey/Zephyrhills	800-691-5551
North-West Florida	800-467-7314
Palm Coast Area	561-848-6262
Recover Coast Area (Pasco County)	727-842-2433
River Coast Area (Hernando County)	352-754-7200
Suncoast Area (Sarasota)	941-257-5055
South Florida Region	866-288-6262
Space Coast Area (Brevard County)	321-631-4357
St- Petersburg/Clearwater/Pinellas County	727-547-0444
Tallahassee/Big Bend	850-224-2321
Tampa (Hillsborough County)	813-879-4357
Treasure Coast (St- Lucie County)	888-624-6822
Unity Springs (West Volusia County)	888-385-3121

SERVICE MEETINGS



**SOUTHERN UTAH AREA
MEETING LIST
OCTOBER 2020**

**24 HOUR HELPLINE
866-579-8333**

**Florida Relay for the Deaf
800-955-8771**

**Greater Orlando Area Service Committee
PO Box 532095
Orlando, FL 32853-2095**

<http://orlandona.org>

SUGGESTIONS FOR EVERYONE
DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**