

**SUNDAY / DOMINGO**

<b>10:00AM</b>	<b>1HR</b>	<b>Men's Spiritual Meeting</b> , Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 <b>(O)</b>
<b>10:00AM</b>	<b>1HR</b>	<b>Sunday Morning Spiritual Round Robin</b> , Southwest Behavioral Center, Room 208, 245 East 680 South, Cedar City, UT, 84720 <b>(O)</b>
<b>1:30PM</b>	<b>1HR</b>	<b>Mesquite</b> , 150 N. Yucca, Mesquite, NV, 89027 <b>(O)</b>
<b>6:00PM</b>	<b>1HR</b>	<b>Sunday Night Candlelight NA</b> , Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 <b>(O)</b>
<b>6:00PM</b>	<b>1HR</b>	<b>Sunday Night Love and Light</b> , Zion Bank, Basement, 155 W. Main St., Salina, UT, 84654 <b>(O)</b>
<b>6:30PM</b>	<b>1HR</b>	<b>H.O.P.E - Hold On Pain Ends</b> , Presbyterian Church, 56 East 200 South, Richfield, UT, 84701 <b>(O)</b>
<b>8:00PM</b>	<b>1HR</b>	<b>Dopeless Hope Fiends</b> , Keep Coming Back Meeting Hall, 1067 S. Main St., Cedar City, UT, 84720 <b>(O)</b>
<b>8:00PM</b>	<b>1HR</b>	<b>Hurricane Meeting</b> , Heritage Museum, basement, 36 South 330 West, Hurricane, UT, 84745 <b>(O)</b>

**MONDAY / LUNES**

<b>NOON</b>	<b>1HR</b>	<b>NA Rox</b> , Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 <b>(O)</b>
<b>6:00PM</b>	<b>1HR</b>	<b>The Kiss Meeting</b> , Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 <b>(O)</b>
<b>6:30PM</b>	<b>1HR</b>	<b>H.O.P.E - Hold On Pain Ends</b> , Presbyterian Church, 56 East 200 South, Richfield, UT, 84701 <b>(O)</b>
<b>8:00PM</b>	<b>1HR</b>	<b>Circle of Hope</b> , Slick Rock Park, 2395 E. Riverside Dr., St. George, UT, 84790 <b>(O)</b>
<b>8:00PM</b>	<b>1HR</b>	<b>Keep Coming Back</b> , Keep Coming Back Meeting Hall, 1067 S. Main St., Cedar City, UT, 84720 <b>(O)</b>

**TUESDAY / MARTES**

<b>NOON</b>	<b>1HR</b>	<b>NA Rox</b> , Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 <b>(O)</b>
<b>6:00PM</b>	<b>1HR</b>	<b>Living Clean the Journey Continues</b> , Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 <b>(O)</b>
<b>8:45PM</b>	<b>1HR</b>	<b>We Unite On Tuesday Night</b> , Grace Episcopal Church, 1072 East 900 South, St. George, UT, 84790 <b>(O)</b>

**WEDNESDAY / MIÉRCOLES**

<b>7:00AM</b>	<b>1HR</b>	<b>Spiritually Awake</b> , Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 <b>(O)</b>
<b>NOON</b>	<b>1HR</b>	<b>NA Rox</b> , Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 <b>(O)</b>
<b>6:00PM</b>	<b>1HR</b>	<b>Recovery NA Rainbow</b> , Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 <b>(O)</b>
<b>6:30PM</b>	<b>1HR</b>	<b>H.O.P.E - Hold On Pain Ends</b> , Presbyterian Church, 56 East 200 South, Richfield, UT, 84701 <b>(O)</b>
<b>8:00PM</b>	<b>1HR</b>	<b>Circle of Hope</b> , Slick Rock Park, 2395 E. Riverside Dr., St. George, UT, 84790 <b>(O)</b>
<b>8:00PM</b>	<b>1HR</b>	<b>Living Clean at Cedar City</b> , Keep Coming Back Meeting Hall, 1067 S. Main St., Cedar City, UT, 84720 <b>(O)</b>
<b>8:00PM</b>	<b>1HR</b>	<b>Mesquite</b> , 150 N. Yucca, Mesquite, NV, 89027 <b>(O)</b>

**THURSDAY / JUEVES**

<b>NOON</b>	<b>1HR</b>	<b>NA Rox</b> , Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 <b>(O)</b>
<b>6:00PM</b>	<b>1HR</b>	<b>Living In the Moment</b> , Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 <b>(O)</b>
<b>6:30PM</b>	<b>1HR</b>	<b>Cope without Dope</b> , Legion Hut, 68 West 400 South, Kanab, UT, 84741 <b>(O)</b>
<b>7:00PM</b>	<b>1HR</b>	<b>NA Underground</b> , Heritage Museum, basement, 35 W. State Street, Hurricane, UT, 84737 <b>(O)</b>
<b>8:00PM</b>	<b>1HR</b>	<b>It Works How and Why</b> , Keep Coming Back Meeting Hall, 1067 S. Main St., Cedar City, UT, 84720 <b>(O)</b>
<b>8:15PM</b>	<b>1HR</b>	<b>Never Alone Never Again</b> , Switchpoint, 948 North 1300 West, St. George, UT, 84770 <b>(O)</b>

**FRIDAY / VIERNES**

<b>NOON</b>	<b>1HR</b>	<b>NA Rox</b> , Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 <b>(O)</b>
<b>NOON</b>	<b>1HR</b>	<b>Sisters of Hope</b> , New Horizons Crisis Center, 145 East 100 North, Richfield, UT, 84701 <b>(O)</b>
<b>6:30PM</b>	<b>1HR</b>	<b>H.O.P.E - Hold On Pain Ends</b> , Presbyterian Church, 56 East 200 South, Richfield, UT, 84701 <b>(O)</b>
<b>7:30PM</b>	<b>1HR</b>	<b>Newcomer Meeting</b> , Southwest Behavioral Center, Room 208, 474 West 200 North, St. George, UT, 84770 <b>(O)</b>
<b>8:00PM</b>	<b>1HR</b>	<b>Live and Let Live</b> , Keep Coming Back Meeting Hall, 1067 S. Main St., Cedar City, UT, 84720 <b>(O)</b>

**FRIDAY / VIERNES (CONT)**

<b>8:00PM</b>	<b>1HR</b>	<b>Mesquite</b> , 150 N. Yucca, Mesquite, NV, 89027 <b>(O)</b>
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**SATURDAY / SÁBADO**

<b>10:00AM</b>	<b>1HR</b>	<b>Circle of Sisters</b> , Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 <b>(O)</b>
<b>10:00AM</b>	<b>1HR</b>	<b>Men's Meeting</b> , Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 <b>(O)</b>
<b>8:00PM</b>	<b>1HR</b>	<b>Bridging the Gap</b> , Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 <b>(O)</b>

**MEETING FORMAT LEGEND**

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**HELPLINES**

Bahamas	242-426-5245
Bay Area/Pinellas (Pinellas County)	727-547-0444
Boca Raton/Delray Beach	561-393-0303
Bradenton	941-957-7910
Daytona Beach (Volusia County)	800-206-0731
First Coast Area (Duval County)	904-723-5683
Forest/Ocala (Marion City)	352-368-6061
Gainesville (Uncoast Area)	352-376-8008
Jacksonville	800-576-4357
Heartland Area (Lakeland/Polk County)	863-683-0630
Melbourne/Titusville	321-631-4357
Nature Coast	352-508-1604
New Port Richey/Zephrhills	800-691-5551
North-West Florida	800-467-7314
Palm Coast Area	561-848-6262
Recover Coast Area (Pasco County)	727-842-2433
River Coast Area (Hernando County)	352-754-7200
Suncoast Area (Sarasota)	941-257-5055
South Florida Region	866-288-6262
Space Coast Area (Brevard County)	321-631-4357
St. Petersburg/Clearwater/Pinellas County	727-547-0444
Tallahassee/Big Bend	850-224-2321
Tampa (Hillsborough County)	813-879-4357
Treasure Coast (St- Lucie County)	888-624-6822
Unity Springs (West Volusia County)	888-385-3121

**SERVICE MEETINGS**



**SOUTHERN UTAH AREA  
MEETING LIST  
DECEMBER 2018**

**24 HOUR HELPLINE  
866-579-8333**

**Florida Relay for the Deaf  
800-955-8771**

**Greater Orlando Area Service Committee  
PO Box 532095  
Orlando, FL 32853-2095**

<http://orlandona.org>

**SUGGESTIONS FOR EVERYONE**

- DON'T USE no matter what**
- Ask your Higher Power to keep you clean**
- Come early and stay late**
- Get a home group**
- Go to 90 meetings in 90 days**
- Read NA literature daily**
- Get and use a sponsor**
- Use the PHONE**

**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 38

**What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**