





## **NORTH BY NORTHWEST AREA**

### **MEETING LIST**

**DECEMBER 2018**

**24 HOUR HELPLINE  
866-579-8333**

**Florida Relay for the Deaf  
800-955-8771**

**Greater Orlando Area Service Committee  
PO Box 532095  
Orlando, FL 32853-2095**

**<http://orlandona.org>**

### **SUGGESTIONS FOR EVERYONE**

**DON'T USE no matter what  
Ask your Higher Power to keep you clean  
Come early and stay late  
Get a home group  
Go to 90 meetings in 90 days  
Read NA literature daily  
Get and use a sponsor  
Use the PHONE**

**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 25