

SUNDAY / DOMINGO

6:30PM	1HR	New Beginnings Group of NA , 1004 South Commerce, Ardmore, OK,
7:00PM	1HR	Broken Bow NA , rock house across from old carwash, 103 W. Memorial Drive, Broken Bow, Oklahoma, 74728 (O, NS)
7:00PM	1HR	Key to Life , Eastside Presbyterian Church, west door, 501 N.E. 4th, Durant, Oklahoma, (O, WC, NS)
7:00PM	1HR	Primary Purpose , 1308 E. Sam Rayburn Drive, Bonham, Texas, 75481 (B)
7:00PM	1HR	Refinishing , 314 "A" N. Walnut, Sherman, Texas, 75090 (O, BT, NS)
7:00PM	1HR	Surrender , The Refuge Church, 2300 W. Morton Suite 112, Denison, Texas, (O, C, WC, BK, NS)
8:00PM	1HR	New Freedom , enter in back, 1428 Clarksville, Paris, Texas, 75460

MONDAY / LUNES

6:00PM	1HR	Guided Pathways , 315 W Poplar, Bonham, TX, 75418
6:30PM	1HR	New Beginnings Group of NA , 1004 South Commerce, Ardmore, OK,
7:00PM	1HR	Full Circle , First United Methodist Church, 301 W. Maple, Whitewright, Texas, (O, NS)
7:00PM	1HR	Key to Life , Eastside Presbyterian Church, west door, 501 N.E. 4th, Durant, Oklahoma, (O, WC, BK, NS)
7:00PM	1HR	Primary Purpose , 1308 E. Sam Rayburn Drive, Bonham, Texas, 75481
7:00PM	1HR	Refinishing , 314 "A" N. Walnut, Sherman, Texas, 75090 (O, NS)
8:00PM	1HR	Kiamichi Area , Washington Community Center, enter on Bissell Street, 400 W. Central, Hugo, Oklahoma, (O, BT, NS)
8:00PM	1HR	New Freedom , enter in back, 1428 Clarksville, Paris, Texas, 75460

TUESDAY / MARTES

NOON	1HR	Kiamichi Area , Washington Community Center, enter on Bissell Street, 400 W. Central, Hugo, Oklahoma, (O, NS)
6:00PM	1HR	Guided Pathways , 315 W Poplar, Bonham, TX, 75418
6:30PM	1HR	New Beginnings Group of NA , 1004 South Commerce, Ardmore, OK,
7:00PM	1HR	Broken Bow NA , rock house across from old carwash, 103 W. Memorial Drive, Broken Bow, Oklahoma, 74728 (O, NS)
7:00PM	1HR	Key to Life , Eastside Presbyterian Church, west door, 501 N.E. 4th, Durant, Oklahoma, (O, WC, BK, NS)
7:00PM	1HR	Primary Purpose , 1308 E. Sam Rayburn Drive, Bonham, Texas, 75481
7:00PM	1HR	Refinishing , 314 "A" N. Walnut, Sherman, Texas, 75090 (O, NS)
7:00PM	1HR	Surrender , The Refuge Church, 2300 W. Morton Suite 112, Denison, Texas, (O, C, WC, BK, NS)
7:00PM	1HR	Valliant House , Women's Treatment Center, South Entrance, 300 N. Dalton Ave, Valliant, Oklahoma, (O, NS)
8:00PM	1HR	New Freedom , enter in back, 1428 Clarksville, Paris, Texas, 75460 (BT)
9:00PM	1HR	Soper NA , Soper Cafe, Right off HWY 70, 401 Williams Avenue, Soper, Oklahoma,

WEDNESDAY / MIÉRCOLES

10:00AM	1HR	Surrender , The Refuge Church, 2300 W. Morton Suite 112, Denison, Texas, (O, C, WC, BK, NS)
NOON	1HR	Refinishing , 314 "A" N. Walnut, Sherman, Texas, 75090 (O, NS)
6:30PM	1HR	New Beginnings Group of NA , 1004 South Commerce, Ardmore, OK,
7:00PM	1HR	Broken Bow NA , rock house across from old carwash, 103 W. Memorial Drive, Broken Bow, Oklahoma, 74728 (O, NS)
7:00PM	1HR	Full Circle , First United Methodist Church, 301 W. Maple, Whitewright, Texas, (O, NS)
7:00PM	1HR	Key to Life , Eastside Presbyterian Church, west door, 501 N.E. 4th, Durant, Oklahoma, (O, WC, NS)
7:00PM	1HR	Primary Purpose , 1308 E. Sam Rayburn Drive, Bonham, Texas, 75481
7:00PM	1HR	Refinishing , 314 "A" N. Walnut, Sherman, Texas, 75090 (O, W, NS)
8:00PM	1HR	Kiamichi Area , Washington Community Center, enter on Bissell Street, 400 W. Central, Hugo, Oklahoma, (O, NS)
8:00PM	1HR	New Freedom , enter in back, 1428 Clarksville, Paris, Texas, 75460

THURSDAY / JUEVES

5:30PM	1HR	Key to Life , Eastside Presbyterian Church, west door, 501 N.E. 4th, Durant, Oklahoma, (O, W, WC, NS)
6:30PM	1HR	New Beginnings Group of NA , 1004 South Commerce, Ardmore, OK,
7:00PM	1HR	Broken Bow NA , rock house across from old carwash, 103 W. Memorial Drive, Broken Bow, Oklahoma, 74728 (O, NS)
7:00PM	1HR	Key to Life , Eastside Presbyterian Church, west door, 501 N.E. 4th, Durant, Oklahoma, (O, WC, BK, NS)
7:00PM	1HR	Primary Purpose , 1308 E. Sam Rayburn Drive, Bonham, Texas, 75481
7:00PM	1HR	Refinishing , 314 "A" N. Walnut, Sherman, Texas, 75090 (O, NS)
7:00PM	1HR	Surrender , The Refuge Church, 2300 W. Morton Suite 112, Denison, Texas, (O, C, WC, BK, NS)
8:00PM	1HR	New Freedom , enter in back, 1428 Clarksville, Paris, Texas, 75460

THURSDAY / JUEVES (CONT)

9:00PM	1HR	Soper NA , Soper Cafe, Right off HWY 70, 401 Williams Avenue, Soper, Oklahoma,
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FRIDAY / VIERNES

6:30PM	1HR	New Beginnings Group of NA , 1004 South Commerce, Ardmore, OK,
7:00PM	1HR	Key to Life , Eastside Presbyterian Church, west door, 501 N.E. 4th, Durant, Oklahoma, (O, WC, NS)
7:00PM	1HR	Primary Purpose , 1308 E. Sam Rayburn Drive, Bonham, Texas, 75481
7:00PM	1HR	Refinishing , 314 "A" N. Walnut, Sherman, Texas, 75090 (O, BK, NS)
7:00PM	1HR	Valliant House , Women's Treatment Center, South Entrance, 300 N. Dalton Ave, Valliant, Oklahoma, (O, NS)
8:00PM	1HR	New Freedom , enter in back, 1428 Clarksville, Paris, Texas, 75460

SATURDAY / SÁBADO

NOON	1HR	Key to Life , Eastside Presbyterian Church, west door, 501 N.E. 4th, Durant, Oklahoma, (O, WC, NS)
6:30PM	1HR	New Beginnings Group of NA , 1004 South Commerce, Ardmore, OK,
7:00PM	1HR	Full Circle , First United Methodist Church, 301 W. Maple, Whitewright, Texas, (O, NS)
7:00PM	1HR	Key to Life , Eastside Presbyterian Church, west door, 501 N.E. 4th, Durant, Oklahoma, (O, WC, NS)
7:00PM	1.5HR	Primary Purpose , 1308 E. Sam Rayburn Drive, Bonham, Texas, 75481
8:00PM	1HR	Kiamichi Area , Washington Community Center, enter on Bissell Street, 400 W. Central, Hugo, Oklahoma, (C, O, NS)
8:00PM	1HR	New Freedom , enter in back, 1428 Clarksville, Paris, Texas, 75460 (C)
9:00PM	1HR	Soper NA , Soper Cafe, Right off HWY 70, 401 Williams Avenue, Soper, Oklahoma,

MEETING FORMAT LEGEND

B	Beginners	BK	Book Study
BT	Basic Text	C	Closed
NS	No Smoking	O	Open
W	Women	WC	Wheelchair

HELPLINES

Bahamas	242-426-5245
Bay Area/Pinellas (Pinellas County)	727-547-0444
Boca Raton/Delray Beach	561-393-0303
Bradenton	941-957-7910
Daytona Beach (Volusia County)	800-206-0731
First Coast Area (Duval County)	904-723-5683
Forest/Ocala (Marion City)	352-368-6061
Gainesville (Uncoast Area)	352-376-8008
Jacksonville	800-576-4357
Heartland Area (Lakeland/Polk County)	863-683-0630
Melbourne/Titusville	321-631-4357
Nature Coast	352-508-1604
New Port Richey/Zephyrhills	800-691-5551
North-West Florida	800-467-7314
Palm Coast Area	561-848-6262
Recover Coast Area (Pasco County)	727-842-2433
River Coast Area (Hernando County)	352-754-7200
Suncoast Area (Sarasota)	941-257-5055
South Florida Region	866-288-6262
Space Coast Area (Brevard County)	321-631-4357
St- Petersburg/Clearwater/Pinellas County	727-547-0444
Tallahassee/Big Bend	850-224-2321
Tampa (Hillsborough County)	813-879-4357
Treasure Coast (St- Lucie County)	888-624-6822
Unity Springs (West Volusia County)	888-385-3121

SERVICE MEETINGS



**RED RIVER REGION
MEETING LIST
DECEMBER 2018**

**24 HOUR HELPLINE
866-579-8333**

**Florida Relay for the Deaf
800-955-8771**

**Greater Orlando Area Service Committee
PO Box 532095
Orlando, FL 32853-2095**

<http://orlandona.org>

SUGGESTIONS FOR EVERYONE

**DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS**

Meetings Weekly: 59

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**