

SUNDAY / DOMINGO

Claremore
7:30PM **Claremore Group**, 632 E. 4th St. **C,D,TC**
NEW MEETING

Eufaula
5:00PM **McIntosh NA**, 107 McKinley Ave **O,JT,LT,TC**

Henryetta
7:00PM **Klean & Serene**, 316 West Main Street **O,TC**

McAlester
8:00PM **Against all Odds**, 100 N. A St. **O,CL,D,TC**

Okmulgee
7:30PM **The Way Out Group**, 1201 N. Griffen **TC**

Pryor
4:30PM **Double Trouble**, 405 S.E. 2nd St. **O,BT,St,TC**
7:30PM **Hump Day Group**, 301 NE 1st St., The Journey **C,TC**

Stillwater
7:00PM **Stillwater Serenity Seekers**, 902 Knoblock Street **O,TC**
Meets in church

Tulsa
6:30AM **NA-A-Risin'**, 2900 S. Harvard Ave. **O,BT,IW,JT,LT,TC,VM**
Meeting time changed
10:00AM **Spiritual Connection**, 6530 E. 21st St., Suite E **O,JT,TC**
3:00PM **Walk Your Talk**, 500 S. College Ave. **O,BT,LGBT,TC**
4:30PM **Blind Faith**, 6530 E. 21st, Suite E **O,D,TC**
6:00PM **Tulsa Original Group**, 1529 West 49th Street **O,B,BT,S,TC**
Enter on East side of church building
7:30PM **BARB of NA**, 6530 E. 21st, Suite E **O,BT,D,IW,LT,TC**
9:00PM **Just In Time**, 2900 S. Harvard, Room 2 **O,St,TC**
10:00PM **Just Another Hour**, 6530 E. 21st St, Suite E **TC**

MONDAY / LUNES

Bartlesville
7:00PM **The Other Side**, 325 Osage **O,BT,TC**

Claremore
NOON **Claremore Group**, 632 E. 4th St. **O,D,TC**
6:00PM **The Other Side Group**, 201 N. Moore Ave **O,TC**
7:30PM **Claremore Women's Group**, 632 E. 4th St. **C,W,LT,TC**

Cushing
7:00PM **Cushing Connection**, 109 West Moses St **O,IW,TC**

McAlester
8:00PM **Just For Today**, 100 N. A Street **O,BT,TC**

Nowata
6:30PM **The Other Side of Life Group**, 408 S Pine **TC**

Okmulgee
NOON **The Way Out Group**, 1201 N. Griffen **TC**
7:00PM **Lost & Found Group**, 221 South Seminole **O,TC**
7:30PM **The Way Out Group**, 1201 N. Griffen **TC**

Owasso
7:00PM **Gratitude Group**, 10100 N. Garnett Rd. **O,IW,St,TC**

Pryor
NOON **Double Trouble**, 405 S.E. 2nd St. **O,BT,TC**
6:00PM **Double Trouble**, 405 S.E. 2nd St. **O,BT,TC**

Tulsa
6:30AM **NA-A-Risin'**, 2900 S. Harvard Ave. **O,BT,IW,JT,LT,TC**
11:00AM **Living Clean**, 6333 E. Skelly Dr., 12 & 12 **NC,LT,TC**
NOON **Noontime Connection**, 6530 E. 21st St., Suite E **O,BT,TC**

MONDAY / LUNES (CONT)

6:00PM **More Hardcore Revealed**, 6530 E. 21st St., Suite E **O,IW,TC**
7:00PM **Northside Stroll**, 1442 S. Quaker Ave. **O,B,IW,St,TC,VM**
7:00PM **Westside Group**, 1529 West 49th Street **O,LT,TC**
Enter on East side of church building
7:30PM **Solutions Group**, 1101 S Sandusky Ave **O,D,TC**
8:00PM **Second Chance**, 6530 E. 21st St., Suite E **O,BT,D,IW,JT,St,TC**
9:00PM **Just In Time**, 2900 S. Harvard, Room 2 **O,St,TC**
10:00PM **Just Another Hour**, 6530 E. 21st St., Suite E **O,B,CL,D,LT,TC**

Turley
7:00PM **Three Links Group**, 6514 N. Peoria Ave **TC**

Wilburton
7:00PM **Wilburton NA**, 612 SW 12th St. **O,BT,D,IW,JT,S,St,Tr,LT,TC**

TUESDAY / MARTES

Bartlesville
7:00PM **The Other Side Women's Group**, 325 Osage **O,BT,TC**

Broken Arrow
7:00PM **Broken Arrow Serenity Seekers**, 400 W. New Orleans **O,BT,D,JT,St,TC**

Claremore
6:00PM **The Other Side Group**, 201 N. Moore Ave **O,TC**

Cushing
NOON **Cushing Connection**, 109 West Moses St **O,JT,TC**

Eufaula
6:00PM **McIntosh NA**, 107 McKinley Ave **O,LT,TC**

Henryetta
7:00PM **Klean & Serene**, 316 West Main Street **O,TC**

Sapulpa
6:30PM **First Things First**, 201 S Water **O,BK,TC**
First Presbyterian Church

Skiatook
7:00PM **Stone Cold Clean**, 114 Broadway **O,To,TC**

Stillwater
7:00PM **Stillwater Serenity Seekers**, 524 N Stallard **O,TC**
Meets in church

Tulsa
6:30AM **NA-A-Risin'**, 2900 S. Harvard Ave. **O,BT,IW,JT,LT,TC**
11:00AM **Living Clean**, 6333 E. Skelly Dr., 12 & 12 **NC,LT,TC**
NOON **Noontime Connection**, 6530 E. 21st St., Suite E **O,BT,TC**
6:30PM **Peace of Mind Group**, 2900 S. Harvard Ave. **O,BT,IW,TC**
6:30PM **South Side Recovery**, 8432 S. Sheridan Ave. **O,BT,IW,TC**
meets in log cabin
7:00PM **Recovery At Work (RAW)**, 8125 E 51st Street, Suite G **O,BT,D,TC**
7:30PM **BARB of NA**, 6530 E. 21st, Suite E **O,BT,D,IW,LT,TC**
7:30PM **Solutions Group**, 1101 S Sandusky Ave **O,D,TC**
10:00PM **Just Another Hour**, 6530 E. 21st St., Suite E **O,B,CL,D,LT,TC**

WEDNESDAY / MIÉRCOLES

Bartlesville
7:00PM **The Other Side**, 325 Osage **O,TC**

Cleveland
7:00PM **Hope Dealers**, Corner of Osage and C streets **O,BT,TC**

Collinsville
7:00PM **Cross Wins**, 14133 N 137th East Ave. **O,TC**

Cushing
7:00PM **Cushing Connection**, 109 West Moses St **C,D,BK,TC**

WEDNESDAY / MIÉRCOLES (CONT)

Eufaula
NOON **McIntosh NA**, 107 McKinley Ave **O,SG,LT,TC**
6:00PM **McIntosh NA**, 107 McKinley Ave **O,BT,LT,TC**

Henryetta
7:00PM **Klean & Serene**, 316 West Main Street **O,TC**

Langley
7:00PM **Serenity Seekers**, 324 Osage St **O,BK**

McAlester
7:00PM **A New Way to Live**, 100 N. A Street **O,BT,TC**

Okmulgee
NOON **The Way Out Group**, 1201 N. Griffen **TC**
7:00PM **Lost & Found Group**, 221 South Seminole **O,TC**
7:30PM **The Way Out Group**, 1201 N. Griffen **TC**

Pryor
7:30PM **Hump Day Group**, 301 NE 1st St., The Journey **O,TC**

Tahlequah
7:00PM **Living Clean**, 104 N College Avenue **O,BT,LT,TC**

Tulsa
6:30AM **NA-A-Risin'**, 2900 S. Harvard Ave. **O,BT,IW,JT,LT,TC**
11:00AM **Living Clean**, 6333 E. Skelly Dr., 12 & 12 **NC,LT,TC**
NOON **Noontime Connection**, 6530 E. 21st St., Suite E **O,D,IW,Tr,TC**
6:00PM **Walk Your Talk**, 500 S. College Ave. **O,BT,LGBT,TC**
7:00PM **Sharing N Recovery**, 8125 E. 51st Street, Suite G **O,TC**
7:00PM **The Lie is Dead**, 6530 E. 21st St., Suite E **O,BT,D,IW,JT,S,St,Tr,LT,TC**

7:00PM **Tulsa Original Group**, 1529 West 49th Street **O,B,BT,St,TC**
Enter on East side of church building
7:30PM **Solutions Group**, 1101 S Sandusky Ave **O,D,TC**
10:00PM **Just Another Hour**, 6530 E. 21st St., Suite E **O,BT,CL,D,LT,TC**

THURSDAY / JUEVES

Broken Arrow
7:00PM **Broken Arrow Serenity Seekers**, 400 W. New Orleans **O,BT,D,JT,St,TC**

Claremore
7:30PM **Claremore Group**, 632 E. 4th St. **O,D,TC**

Cleveland
7:00PM **Hope Dealers**, Corner of Osage and C streets **O,BT,TC**

Coweta
7:00PM **Keep Coming Back**, 206 W Sycamore, Main Building **O,BT,D,LT,TC**

Cushing
NOON **Cushing Connection**, 109 West Moses St **O,D,TC**
7:00PM **Cushing Connection**, 109 West Moses St **O,BT,TC**

Henryetta
7:00PM **Klean & Serene**, 316 West Main Street **O,TC**

Locust Grove
6:00PM **Chain Breakers**, 119 Harold Andrews Blvd **O,TC**

McAlester
7:00PM **Against all Odds**, 100 N. A St. **O,Tr,TC**

Nowata
6:30PM **The Other Side of Life Group**, 408 S Pine **TC**

Okmulgee
7:00PM **Lost & Found Group**, 221 South Seminole **O,TC**

THURSDAY / JUEVES (CONT)

Salina
7:30PM **Better Late Than Never**, 100 N Owen Walters Blvd, door in back of building **O,TC**
Cherokee Clinic, No meetings on holidays

Skiatook
7:00PM **Stone Cold Clean**, 114 Broadway **O,BT,TC**

Stillwater
7:00PM **Stillwater Serenity Seekers**, 524 N Stallard **O,TC**
Meets in church

Tulsa
6:30AM **NA-A-Risin'**, 2900 S. Harvard Ave. **O,BT,IW,JT,LT,TC**
11:00AM **Living Clean**, 6333 E. Skelly Dr., 12 & 12 **NC,LT,TC**
NOON **Noontime Connection**, 6530 E. 21st St., Suite E **O,BT,TC**
5:00PM **Up N' Coming Group**, 5000 Charles Page Blvd **O,BT,JT,TC**
6:00PM **More Hardcore Revealed**, 6530 E. 21st St., Suite E **O,D,TC**
7:00PM **Northside Stroll**, 1442 S. Quaker Ave. **O,IW,St,TC,VM**
7:00PM **Recovery At Work (RAW)**, 8125 E 51st Street, Suite G **O,BT,D,TC**
7:30PM **Blind Faith**, 6530 E. 21st St., Suite E **C,D,TC**
7:30PM **Solutions Group**, 1101 S Sandusky Ave **O,D,TC**
10:00PM **Just Another Hour**, 6530 E. 21st St., Suite E **O,B,CL,D,LT,TC**

FRIDAY / VIERNES

Bartlesville
7:00PM **The Other Side**, 325 Osage **O,CL,D,TC**

Broken Arrow
7:00PM **Broken Arrow Serenity Seekers**, 400 W. New Orleans **O,BT,D,JT,St,TC**

Claremore
6:00PM **The Other Side Group**, 201 N. Moore Ave **O,TC**
7:30PM **Claremore Group**, 632 E. 4th St. **C,BT,St,TC**

Cushing
7:00PM **Cushing Connection**, 109 West Moses St **O,D,TC**

Foyil
7:30PM **Foyil NA**, 17278 Fourth St. **O,BT,JT,TC**
United Methodist Church

Henryetta
7:00PM **Klean & Serene**, 316 West Main Street **O,TC**

Okmulgee
7:00PM **Lost & Found Group**, 221 South Seminole **O,TC**

Owasso
7:00PM **Gratitude Group**, 10100 N. Garnett Rd. **O,IW,St,TC**

Pryor
6:00PM **Double Trouble**, 405 S. E. 2nd St. **O,BT,St,TC**

Tahlequah
7:00PM **Living Clean**, 104 N College Avenue **O,IW,LT,TC**

Talihina
8:00PM **Second Chance Group**, 200 Church Street **BT,TC**

Tulsa
6:30AM **NA-A-Risin'**, 2900 S. Harvard Ave. **O,BT,IW,JT,LT,TC**
11:00AM **Living Clean**, 6333 E. Skelly Dr. **NC,LT,TC**
12 & 12
NOON **Noontime Connection**, 6530 E. 21st St., Suite E **O,BT,TC**
6:30PM **Peace of Mind Group**, 2900 S. Harvard Ave. **O,IW,LT,TC**
7:30PM **Solutions Group**, 1101 S Sandusky Ave **O,D,TC**

FRIDAY / VIERNES (CONT)

9:00PM Second Chance, 6530 E. 21st St., Suite E, **O,BT,D,IW,JT,S,St,Tr,LT,TC**

11:00PM Just Another Hour, 6530 E. 21st Street, **O,B,D,TC**

Turley
7:00PM Three Links Group, 6514 N. Peoria Ave, **TC**

SATURDAY / SÁBADO

Bartlesville
7:00PM The Other Side, 325 Osage, **O,St,TC**

Broken Arrow
7:00PM Broken Arrow Serenity Seekers, 400 W. New Orleans, **O,BT,D,JT,St,TC**

Claremore
2:00PM Claremore Group, 632 E. 4th St., **O,D,TC**
6:00PM The Other Side Group, 201 N. Moore Ave, **O,TC**
9:00PM Claremore Group, 632 E. 4th St., **O,CL,TC**

Cushing
7:00PM Cushing Connection, 109 West Moses St, **O,BK,TC**

Foyil
7:30PM Foyil NA, 17278 Fourth St., United Methodist Church, **O,BT,JT,TC**

Henryetta
7:00PM Klean & Serene, 316 West Main Street, **O,TC**

Nowata
6:30PM The Other Side of Life Group, 408 S Pine, **TC**

Okmulgee
NOON The Way Out Group, 1201 N. Griffen, **TC**
7:00PM Lost & Found Group, 221 South Seminole, **O,TC**
7:30PM The Way Out Group, 1201 N. Griffen, **TC**

Pryor
7:30PM Double Trouble, 405 S.E. 2nd St, **C,TC**

Skiatook
7:00PM Stone Cold Clean, 114 Broadway, **O,To,TC**

Tulsa
6:30AM NA-A-Risin', 2900 S. Harvard Ave., **O,BT,IW,JT,LT,TC**
10:00AM Spiritual Connection, 6530 E. 21st St., Suite E, **O,JT,TC**
NOON Noontime Connection, 6530 E. 21st St., Suite E, **O,JT,TC**
3:00PM Walk Your Talk, 500 S. College Ave., **O,BT,LGBT,TC**
5:00PM West Side Group, 1529 West 49th Street, Enter on East side of church building, **O,LT,TC**
7:00PM Sharing N Recovery, 8125 E 51st Street, Suite G, **O,JT,TC**
7:00PM The Lie is Dead, 6530 E. 21st St., Suite E, **O,BT,D,IW,JT,S,St,Tr,LT,TC**
7:30PM Solutions Group, 1101 S Sandusky, **O,D,TC**
9:00PM Just In Time, 2900 S. Harvard, Room 2, **O,St,TC**
11:00PM Just Another Hour, 6530 E. 21st St, Suite E, **TC**

Wilburton
7:00PM Wilburton NA, 612 SW 12th St., **O,BT,D,IW,JT,S,St,Tr,LT,TC**

MEETING FORMAT LEGEND

B	Beginners	BK	Book Study
BT	Basic Text	C	Closed
CL	Candlelight	D	Discussion
IW	It Works -How and Why	JT	Just for Today
LGBT	Lesbian,Gay,Bisexual,Transgender	LT	Literature Study
NC	No Children	O	Open
S	Speaker	SG	Step Working Guide
St	Step	TC	Temporarily Closed
To	Topic	Tr	Tradition
VM	Virtual Meeting-Online/Phone	W	Women

HELPLINES

Western & Southern 5th Areas 405-524-7068
1-866-524-7068

PHONE NUMBERS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, page 65

OKLAHOMA EASTERN AREA OF NARCOTICS ANONYMOUS

**MEETING LIST**

SEPTEMBER 2020

24 Hour Information Line

918-747-0017
1-888-749-0017

*For the most up-to-date meeting info
& mapped directions:
www.eascna.org/meeting*

*Send meeting changes to:
update@eascna.org*

Mailing Address:
PO Box 2243
Owasso, OK 74055

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS