SUNDAY / DOMINGO				
7:00PM	1HR	<b>Downtown Group</b> , First Step Recovery, 595 14th Street, Burlington, CO, CO, 80807-1611 <b>(O, D)</b>		
7:00PM	1HR	Freedom Today Group, 122 Main Street, Goodland, KS, 67735 (C, D)		
8:00PM	1HR	New Hope Group of NA, City Hall (Basement of City Hall NW Door) (0), 585 North Franklin Avenue, Colby, KS, 67701-2327 (O, D)		
		MONDAY / LUNES		
7:30PM	1HR	Recovery Today Group, At 1st Street (785) 332-4853, 405 South Lorraine Street, Saint Francis, KS, 67756 (C, D)		
		TUESDAY / MARTES		
7:00PM	1HR	Freedom Today Group, 122 Main Street, Goodland, KS, 67735 (O, D)		
7:00PM	1HR	Fresh Start, Church of God, 135 10th Street, Phillipsburg, KS, 67661 (0, D)		
8:00PM	1HR	New Hope Group of NA, City Hall (Basement of City Hall NW Door) (0), 585 North Franklin Avenue, Colby, KS, 67701-2327 (O, D)		
		WEDNESDAY / MIÉRCOLES		
5:00PM	1HR	Freedom Today Group, 122 Main Street, Goodland, KS, 67735 (C, D)		
7:00PM	1HR	<b>Downtown Group</b> , First Step Recovery, 595 14th Street, Burlington, CO, CO, 80807-1611 (O, D)		
		THURSDAY / JUEVES		
7:30PM	1HR	Recovery Today Group, At 1st Street (785) 332-4853, 405 South Lorraine Street, Saint Francis, KS, 67756 (C, D)		
		FRIDAY / VIERNES		
7:00PM	1HR	Freedom Today Group, 122 Main Street, Goodland, KS, 67735 (C, D)		
8:00PM	1HR	New Hope Group of NA, City Hall (Basement of City Hall NW Door) (0), 585 North Franklin Avenue, Colby, KS, 67701-2327 (O, D)		

MEETING FORMAT LEGEND				
С	Closed	D	Discussion	
0	Open			

HELPLINES	
Bahamas	242-426-5245
Bay Area/Pinellas (Pinellas County)	727-547-0444
Boca Raton/Delray Beach	561-393-0303
Bradenton	941-957-7910
Daytona Beach (Volusia County)	800-206-0731
First Coast Area (Duval County)	904-723-5683
Forest/Ocala (Marion City)	352-368-6061
Gainesville (Uncoast Area)	352-376-8008
Jacksonville	800-576-4357
Heartland Area (Lakeland/Polk County)	863-683-0630
Melbourne/Titusville	321-631-4357
Nature Coast	352-508-1604
New Port Richey/Zephrhills	800-691-5551
North-West Florida	800-467-7314
Palm Coast Area	561-848-6262
Recover Coast Area (Pasco County)	727-842-2433
River Coast Area (Hernando County)	352-754-7200
Suncoast Area (Sarasota)	941-257-5055
South Florida Region	866-288-6262
Space Coast Area (Brevard County)	321-631-4357
St- Petersburg/Clearwater/Pinellas County	727-547-0444
Tallahassee/Big Bend	850-224-2321
Tampa (Hillsborough County)	813-879-4357
Treasure Coast (St- Lucie County)	888-624-6822
Unity Springs (West Volusia County)	888-385-3121

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PHONE NUMBERS					
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## What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

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OZ AREA
MEETING LIST
DECEMBER 2018

24 HOUR HELPLINE 866-579-8333

Florida Relay for the Deaf 800-955-8771

Greater Orlando Area Service Committee PO Box 532095 Orlando, FL 32853-2095

http://orlandona.org

## **SUGGESTIONS FOR EVERYONE**

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK, IT WORKS

Meetings Weekly: 12