

SUNDAY / DOMINGO**8:00PM hrsHR Keep Your Chair Group**, John Calvin Presbyterian Church, Room 3, 4201 Transcontinental Drive, Metairie, LA, 70006 **(O)****MONDAY / LUNES****7:30PM hrsHR Conscious Contact**, Metairie Ridge Presbyterian Church, 215 Phosphor Ave., Metairie, LA, 70005 **(O,NS)****TUESDAY / MARTES****7:00PM hrsHR Stairway to Life Group**, Calvary Baptist Church, 1002 Talbot Ave, Thibodaux, LA, 70301 **(C,WC,NS,LT)****8:00PM hrsHR First Step Group**, St Matthew's United Methodist Church, **Temporarily meeting in the Cottage behind the church**, 6017 Camphor St., Metairie, LA, 70003 **(O,SC,NS,LT)****8:00PM hrsHR It Works**, Gethsemane Lutheran Church, 2825 Paris Rd., Chalmette, LA, 70043**WEDNESDAY / MIÉRCOLES****7:30PM hrsHR Hardcore NA Group**, John Calvin Presbyterian Church, 4201 Transcontinental Dr., Metairie, LA, 70006 **(O,NS)****8:00PM hrsHR Flying High Group**, St John's Episcopal Church, 2109 17th St., Kenner, LA, 70062 **(O,NS)****THURSDAY / JUEVES****7:00PM hrsHR Stairway to Life Group**, Calvary Baptist Church, 1002 Talbot Ave, Thibodaux, LA, 70301 **(O,D,WC,NS)****8:00PM hrsHR It Works**, Gethsemane Lutheran Church, 2825 Paris Rd., Chalmette, LA, 70043**8:00PM hrsHR Survivors Group**, Munnholland United Methodist Church, 1201 Metairie Rd., Metairie, LA, 70005 **(NS)****FRIDAY / VIERNES****9:00AM hrsHR Awaken Spirituality(Virtual)**, New Orleans, LA, 70119 **(O,D,VM)**
*Zoom ID: 853 175 707, Passcode: 063008***7:00PM hrsHR Honest Sharing Group**, Saint Mark's Episcopal Church, Enter in back through glass doors., 3245 Manhattan Blvd, Harvey, LA, 70058 **(O,To,WC)****7:30PM hrsHR Freedom Friday**, Good Shepherd United Church of Christ, 5122 West Esplanade Avenue, Metairie, LA, 70006 **(O,NS)****7:30PM hrsHR S N R P = Spiritual Not Religious Program**, St. Paul Lutheran Church, 2624 Burgundy Street, New Orleans, LA, 70117 **(O)** ***Group is not meeting on Christmas Eve*****SATURDAY / SÁBADO****7:00PM hrsHR Any Addict**, Kingdom Life Ministries Church, 935 Westbank Expressway, Gretna, LA, 70053 **(O)****7:00PM hrsHR It Works**, Gethsemane Lutheran Church, 2825 Paris Rd., Chalmette, LA, 70043**7:30PM hrsHR Just for Today**, John Calvin Presbyterian Church, 4201 Transcontinental Dr., Metairie, LA, 70006 **(O,NS)****MEETING FORMAT LEGEND**

C	Closed	D	Discussion
LT	Literature Study	NS	No Smoking
O	Open	SC	Security Cameras
To	Topic	VM	Virtual Meeting-Online/Phone
WC	Wheelchair		

HELPLINES

Bahamas	242-426-5245
Bay Area/Pinellas (Pinellas County)	727-547-0444
Boca Raton/Delray Beach	561-393-0303
Bradenton	941-957-7910
Daytona Beach (Volusia County)	800-206-0731
First Coast Area (Duval County)	904-723-5683
Forest/Ocala (Marion City)	352-368-6061
Gainesville (Uncoast Area)	352-376-8008
Jacksonville	800-576-4357
Heartland Area (Lakeland/Polk County)	863-683-0630
Melbourne/Titusville	321-631-4357
Nature Coast	352-508-1604
New Port Richey/Zephyrhills	800-691-5551
North-West Florida	800-467-7314
Palm Coast Area	561-848-6262
Recover Coast Area (Pasco County)	727-842-2433
River Coast Area (Hernando County)	352-754-7200
Suncoast Area (Sarasota)	941-257-5055
South Florida Region	866-288-6262
Space Coast Area (Brevard County)	321-631-4357
St- Petersburg/Clearwater/Pinellas County	727-547-0444
Tallahassee/Big Bend	850-224-2321
Tampa (Hillsborough County)	813-879-4357
Treasure Coast (St- Lucie County)	888-624-6822
Unity Springs (West Volusia County)	888-385-3121

SERVICE MEETINGS**PHONE NUMBERS****What is our message?**

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**



**UNITY AREA
MEETING LIST
MAY 2026**

**24 HOUR HELPLINE
866-579-8333**

**Florida Relay for the Deaf
800-955-8771**

**Greater Orlando Area Service Committee
PO Box 532095
Orlando, FL 32853-2095**

<http://orlandona.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 17