

SUNDAY / DOMINGO

7:30AM	hrsHR	I came to believe , 1803 Willow St, New Orleans, LA, 70113 (GM)
10:30AM	hrsHR	Acme Sunday Morning Meditation Group , Old Crescent Gym, 3101 Erato St., New Orleans, LA, 70125 (O,NS)
2:00PM	hrsHR	Walking Through the Literature , Virtual, New Orleans, LA, (VM) <i>Zoom ID 952115244 PW063219</i>
5:00PM	hrsHR	Together We Can Group , New Orleans, LA, 70036 (B,VM) <i>Zoom Meeting ID 952 115 244 Password 063219</i>
5:00PM	hrsHR	W.I.R.E.D Women in Recovery Every Day , The old Crescent Gym, 3101 Erato St, New Orleans, LA, 70125 (C,W)
6:00PM	hrsHR	Recovery and Relapse Group , St. John Institutional Missionary Baptist Church, 2538 Jackson St., New Orleans, LA, 70131 (O,St,WC,NS,LT)
7:00PM	hrsHR	Living the Program Group , St Paul The Apostle Church, 6828 Chef Menteur Hwy., New Orleans, LA, 70126 (O)
7:00PM	hrsHR	Men in Narcotics Anonymous , 1803 Willow St, New Orleans, LA, 70113 (M)
7:30PM	hrsHR	The Category is...Recovery , Lambda Center, 2nd Floor Upper New Orleans Healing Center, 2372 St. Claude Avenue, Suite 270, New Orleans, LA, 70117 (LGBT,RF,WC,HY) <i>Open LGBTQ+ Meeting ALL ARE WELCOME</i>
8:00PM	hrsHR	New Life Group , Easy Does It Club, Enter from parking lot on Mulberry Road, 111 Munson Dr., Houma, LA, 70360 (O,NS)

MONDAY / LUNES

6:30AM	hrsHR	What a Way to Start a Day , Phone 662-770-1523 access code: 299757#, New Orleans, LA, 70032 (VM) <i>Phone 662-770-1523 access code: 299757#</i>
7:00AM	hrsHR	Laying the Foundation Morning Meditation #1 , In little house right next to First Evangelist Baptist Church, Masks required. Meets Monday thru Saturday, 1803 Willow Street, New Orleans, LA, 70113 (O)
7:00AM	hrsHR	Laying the Foundation Morning Meditation Virtual , Also has separate in-person meeting at same time. Not simulcast. (Laying Foundation Meditation #1), New Orleans, LA, 70113 (O,VM) <i>Meeting ID: 159 856 705 - Password: 2666695</i>
NOON	hrsHR	Giving it Away Group , N. Derbigny and Elysian Fields, Behind the Club, Masks required - please bring one with you, 2215 N. Derbigny St., New Orleans, LA, 70117 (O,NS)
3:00PM	hrsHR	Recovery @ Random Group , New Orleans, LA, 70032 (VM) <i>Zoom Meeting ID: 428 066 2252 PW 575754</i>
5:00PM	hrsHR	Together We Can Group , New Orleans, LA, 70036 (B,VM) <i>Zoom Meeting ID 952 115 244 Password 063219</i>
7:30PM	hrsHR	Open Mind Group , Saint Charles Baptist Church Fellowship Hall, Hybrid, 583 Broadway Street, New Orleans, LA, 70118 (O,HY) <i>Zoom ID 6992433996 PW 859946</i>
8:00PM	hrsHR	New Life Group , Easy Does It Club, Enter from parking lot on Mulberry Road, 111 Munson Dr., Houma, LA, 70360 (O,NS)
8:00PM	hrsHR	You're Not Alone , Hunter's Field (NORDC), 1659 N. Claiborne Avenue, New Orleans, LA, 70116 (O,NS)

TUESDAY / MARTES

6:30AM	hrsHR	What a Way to Start a Day , New Orleans, LA, 70032 (VM) <i>Phone 662-770-1523 access code: 299757#</i>
7:00AM	hrsHR	Laying the Foundation Morning Meditation #1 , First Evangelist Baptist Church, Masks required. Meets Monday thru Saturday., 1801 Willow Street, New Orleans, LA, 70113 (O)
7:00AM	hrsHR	Laying the Foundation Morning Meditation Virtual , Also has separate in-person meeting at same time. Not simulcast. (Laying Foundation Meditation #1), New Orleans, LA, 70113 (O,VM) <i>Zoom Meeting ID: 159 856 705 - Password: 266 695</i>
NOON	hrsHR	Acme Meditation Group , New Orleans, LA, 70115 (O,NS,VM) <i>Zoom Meeting ID 824 678 0223 Password 579421</i>
NOON	hrsHR	Giving it Away Group , Derbigny and Elysian Fields, Behind the Club, Masks required - please bring one with you, 2215 N. Derbignt St., New Orleans, LA, 70117 (O,NS)
5:00PM	hrsHR	Together We Can Group , New Orleans, LA, 70036 (B,VM) <i>Zoom Meeting ID 952 115 244 Password 063219</i>
7:00PM	hrsHR	Out of the Dark, Into the Light Group , First Baptist Church, 120 Ormond Blvd, LaPlace, LA, 70068 (O) <i>Unity Area Louisiana</i>
7:00PM	hrsHR	The Category is...Recovery (Get LIT) , St Paul Lutheran Church, Parking lot accessible from Burgundy St., 2624 Burgundy St., New Orleans, LA, 70117 (O,LGBT,WC,LT) <i>Open LGBTQ+ Meeting ALL ARE WELCOME</i>
7:30PM	hrsHR	The Manhattan Club Group , Gateway Recovery Systems, Enter back of Building From parking Lot On Lac Labelle Mask Required to enter the facility., 4103 Lac Couture Dr, Harvey, LA, 70058 (O) <i>New Orleans Area</i>
7:30PM	hrsHR	What Can I Do Group , Aurora Methodist Church, Please bring a mask with you!, 3301 Eton St., Algiers, LA, 70131 (O)

TUESDAY / MARTES (CONT)

8:00PM	hrsHR	After the Storm Group , Corpus Christi Community Center, Cafeteria - Masks required - Please bring one with you, 2022 St Bernard Ave, New Orleans, LA, 70116 (O,NS)
8:00PM	hrsHR	New Life Group , 600 Bull Run Rd., Schriever, LA, 70395 (O,NS)
WEDNESDAY / MIÉRCOLES		
6:30AM	hrsHR	What a Way to Start a Day , Phone 662-770-1523 access code: 299 757#, New Orleans, LA, 70032 (VM) <i>Phone 662-770-1523 Access code: 299757#</i>
7:00AM	hrsHR	Laying the Foundation Morning Meditation #1 , First Evangelist Baptist Church, Masks required. Meets Monday thru Saturday., 1801 Willow Street, New Orleans, LA, 70113 (O)
7:00AM	hrsHR	Laying the Foundation Morning Meditation Virtual , Also has separate in-person meeting at same time. Not simulcast. (Laying Foundation Meditation #1), New Orleans, LA, 70113 (O,VM) <i>Zoom Meeting ID: 159 856 705 - Password: 266 695</i>
NOON	hrsHR	Acme Meditation Group , New Orleans, LA, 70115 (O,NS,VM) <i>Zoom Meeting ID 824 678 0223 Password 579421</i>
NOON	hrsHR	Giving it Away Group , Derbigny and Elysian Fields, Masks required - please bring one with you, 2215 N. Derbigny St, New Orleans, LA, 70117 (O,NS)
3:00PM	hrsHR	Recovery @ Random Group , Meeting ID: 428 066 2252 PW 575754, New Orleans, LA, 70032 (VM) <i>Zoom Meeting ID: 428 066 2252 PW 575754</i>
5:00PM	hrsHR	Together We Can Group , New Orleans, LA, 70036 (B,VM) <i>Zoom Meeting ID 952 115 244 Password 063219</i>
7:00PM	hrsHR	Never Alone Never Again , St Mark's Episcopal Church, In the rear of the church, 3245 Manhattan Blvd, Harvey, LA, 70058 (O,D)
8:00PM	hrsHR	Wednesday Night Literature Study Group , old Crescent City Gym, Corner S Derbigny - Masks required - Please bring one with you, 3101 Erato Street, New Orleans, LA, 70125 (O,NS,LT)
THURSDAY / JUEVES		
6:30AM	hrsHR	What a Way to Start a Day , New Orleans, LA, 70032 (VM) <i>Phone 662-770-1523 Access code: 299757#</i>
7:00AM	hrsHR	Laying the Foundation Morning Meditation #1 , First Evangelist Baptist Church, Masks required. Meets Monday thru Saturday., 1801 Willow Street, New Orleans, LA, 70113 (O)
7:00AM	hrsHR	Laying the Foundation Morning Meditation Virtual , Also has separate in-person meeting at same time. Not simulcast. (Laying Foundation Meditation #1), New Orleans, LA, 70113 (O,VM) <i>Zoom Meeting ID: 159 856 705 - Password: 266 695</i>
10:00AM	hrsHR	New Life Group , Easy Does It Club, Enter from parking lot on Mulberry Road, 111 Munson Dr., Houma, LA, 70360 (O,NS)
NOON	hrsHR	Acme Meditation Group , New Orleans, LA, 70115 (O,NS,VM) <i>Zoom Meeting ID 824 678 0223 Password 579421</i>
NOON	hrsHR	Giving it Away Group , N. Derbigny and Elysian Fields Behind the Club, Masks required - please bring one with you, 2215 N. Derbigny, New Orleans, LA, 70117 (O,NS)
3:00PM	hrsHR	Recovery @ Random Group , New Orleans, LA, 70032 (VM) <i>Zoom Meeting ID: 428 066 2252 PW 575754</i>
5:00PM	hrsHR	Together We Can Group , New Orleans, LA, 70036 (B,VM) <i>Zoom Meeting ID 952 115 244 Password 063219</i>
6:30PM	hrsHR	Lower 9th Ward Step Study Group , Andrew "Pete" Sanchez & Copelin-Byrd Multipurpose Center, Corner of Caffin and Nort Claiborne, 1616 Caffin Ave., New Orleans, LA, 70117 (O,St,NS) <i>2nd Floor</i>
8:00PM	hrsHR	End of the Road Group , St. Paul's Lutheran Church, 2624 Burgundy, New Orleans, LA, 70117 (O,NS) <i>New Orleans Area</i>
8:00PM	hrsHR	New Connections , 3901 Tulane Avenue, New Orleans, LA, 70119
FRIDAY / VIERNES		
6:30AM	hrsHR	What a Way to Start a Day , New Orleans, LA, 70032 (VM) <i>Phone 662-770-1523 Access code: 299757#</i>
7:00AM	hrsHR	Laying the Foundation Morning Meditation #1 , First Evangelist Baptist Church, Masks required. Meets Monday thru Saturday., 1801 Willow Street, New Orleans, LA, 70113 (O)
7:00AM	hrsHR	Laying the Foundation Morning Meditation Virtual , Also has separate in-person meeting at same time. Not simulcast. (Laying Foundation Meditation #1), New Orleans, LA, 70113 (O,VM) <i>Zoom Meeting ID: 159 856 705 - Password: 266 695</i>
NOON	hrsHR	Acme Meditation Group , New Orleans, LA, 70115 (O,NS,VM) <i>Zoom Meeting ID 8244 678 0223 PW 579421</i>
NOON	hrsHR	Giving it Away Group , N. Derbigny and Elysian Fields, Behind the Club, Masks required - please bring one with you, 2215 N. Derbigny, New Orleans, LA, 70117 (O,NS)
3:00PM	hrsHR	Recovery @ Random Group , Meeting ID: 428 066 2252, New Orleans, LA, 70032 (VM) <i>Zoom Meeting ID: 428 066 2252 PW 575754</i>

FRIDAY / VIERNES (CONT)

5:00PM	hrsHR	Together We Can Group , New Orleans, LA, 70036 (B,VM) <i>Zoom Meeting ID 952 115 244 Password 063219</i>
8:00PM	hrsHR	Foglifters Group , First Unitarian Universalist Church, 1803 Willow St, New Orleans, LA, 70113 (C,NS)
8:00PM	hrsHR	Just for Today Group , Volunteers of America, Room 123 - Masks required - Please bring one with you, 3901 Tulane Avenue, New Orleans, LA, 70119 (O)
8:00PM	hrsHR	New Life Group , Easy Does It Club, Enter from parking lot on Mulberry Road, 111 Munson Dr., Houma, LA, 70360 (O,NS)
SATURDAY / SÁBADO		
7:00AM	hrsHR	Laying the Foundation Morning Meditation #1 , First Evangelist Baptist Church, Masks required. Meets Monday thru Saturday., 1801 Willow Street, New Orleans, LA, 70113 (O)
7:00AM	hrsHR	Laying the Foundation Morning Meditation Virtual , Also has separate in-person meeting at same time. Not simulcast. (Laying Foundation Meditation #1), New Orleans, LA, 70113 (O,VM) <i>Zoom Meeting ID: 159 856 705 - Password: 266 695</i>
11:00AM	hrsHR	Experience Strength & Hope , Masks required to enter facility., 1799 Stumpf, Terrytown, LA, 70056 (O)
11:00AM	hrsHR	Saturday Morning Literature Study , Located in white shotgun house next to First Evangeline Baptist Church (1801 Willow St.), 1803 Willow St, New Orleans, LA, 70113 (O,NS,LT) <i>New Orleans Area</i>
2:00PM	hrsHR	Walking Through the Literature , Virtual, New Orleans, LA, (VM) <i>Zoom ID 952115244 PW063219</i>
5:00PM	hrsHR	Second Chance , First Evangelist Baptist Church, 1801 Willow, New Orleans, LA, 70113 (O)
5:00PM	hrsHR	Together We Can Group , New Orleans, LA, 70036 (B,VM) <i>Zoom Meeting ID 952 115 244 Password 063219</i>
6:00PM	hrsHR	One More Shot , Bethany Church, 414 Barrow St., Houma, LA, 70360

MEETING FORMAT LEGEND

B	Beginners	C	Closed
D	Discussion	GM	Guided Meditation
HY	Hybrid	LGBT	Lesbian,Gay,Bisexual,Transgender
LT	Literature Study	M	Men
NS	No Smoking	O	Open
RF	Rotating Format	St	Step
VM	Virtual Meeting-Online/Phone	W	Women
WC	Wheelchair		

HELPLINES

Bahamas	242-426-5245
Bay Area/Pinellas (Pinellas County)	727-547-0444
Boca Raton/Delray Beach	561-393-0303
Bradenton	941-957-7910
Daytona Beach (Volusia County)	800-206-0731
First Coast Area (Duval County)	904-723-5683
Forest/Ocala (Marion City)	352-368-6061
Gainesville (Uncoast Area)	352-376-8008
Jacksonville	800-576-4357
Heartland Area (Lakeland/Polk County)	863-683-0630
Melbourne/Titusville	321-631-4357
Nature Coast	352-508-1604
New Port Richey/Zephrhills	800-691-5551
North-West Florida	800-467-7314
Palm Coast Area	561-848-6262
Recover Coast Area (Pasco County)	727-842-2433
River Coast Area (Hernando County)	352-754-7200
Suncoast Area (Sarasota)	941-257-5055
South Florida Region	866-288-6262
Space Coast Area (Brevard County)	321-631-4357
St- Petersburg/Clearwater/Pinellas County	727-547-0444
Tallahassee/Big Bend	850-224-2321
Tampa (Hillsborough County)	813-879-4357
Treasure Coast (St- Lucie County)	888-624-6822
Unity Springs (West Volusia County)	888-385-3121

SERVICE MEETINGS**PHONE NUMBERS****NEW ORLEANS AREA****MEETING LIST****MAY 2026****24 HOUR HELPLINE****866-579-8333****Florida Relay for the Deaf
800-955-8771****Greater Orlando Area Service Committee
PO Box 532095
Orlando, FL 32853-2095****<http://orlandona.org>****SUGGESTIONS FOR EVERYONE**

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 69

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**