

SUNDAY / DOMINGO		
NOON	hrSHR	Open Arms Group , Ben Johnson Auditorium, Rear of Building, 400 Martin Luther King Jr Drive, Natchitoches, LA, 71457 (O,D,NS)
6:00PM	hrSHR	Miracle Workers Group , Saint James Mem. Church, 714 Winn St., Alexandria, LA, 71301 (O,D,WC,NS)
7:00PM	hrSHR	Clean and Serene Group , River City's Club House, 3623 Lee St., Alexandria, LA, 71302 (O,D,JT,WC,NS)
MONDAY / LUNES		
NOON	hrSHR	Open Arms Group , Ben Johnson Auditorium, Rear of Building, 400 Martin Luther King Jr Drive, Natchitoches, LA, 71457 (O,D,NS)
TUESDAY / MARTES		
NOON	hrSHR	New Life Group , Champion Recovery Clubhouse, 2403 Harris Street, Alexandria, LA, 71301 (O,SD,WC,BK,NS)
NOON	hrSHR	Open Arms Group , Ben Johnson Auditorium, Rear of Building, 400 Martin Luther King Jr Drive, Natchitoches, LA, 71457 (O,IW,St,NS)
7:00PM	hrSHR	Talking Heads Group , River City's Club House, 3623 Lee St., Alexandria, LA, 71302 (O,D,WC,NS)
WEDNESDAY / MIÉRCOLES		
NOON	hrSHR	Open Arms Group , Ben Johnson Auditorium, Rear of Building, 400 Martin Luther King Jr Drive, Natchitoches, LA, 71457 (O,D,NS)
7:00PM	hrSHR	Jones Street Group , River City clubhouse, 3623 Lee St., Alexandria, LA, 71302 (O,D,WC,NS)
THURSDAY / JUEVES		
NOON	hrSHR	Open Arms Group , Ben Johnson Auditorium, Rear of Building, 400 Martin Luther King Jr Drive, Natchitoches, LA, 71457 (O,D,NS)
7:00PM	hrSHR	No Matter What Group , River City's Club House, 3623 Lee St., Alexandria, LA, 71302 (O,D,WC,NS)
FRIDAY / VIERNES		
NOON	hrSHR	Open Arms Group , Ben Johnson Auditorium, Rear of Building, 400 Martin Luther King Jr Drive, Natchitoches, LA, 71457 (O,D,NS)
7:00PM	hrSHR	Real People Group , Natchitoches Behavioral Health Center, 210 Medical Drive, Natchitoches, LA, 71457 (O,D)
7:00PM	hrSHR	Talking Heads Group , River City's Club House, 3623 Lee St., Alexandria, LA, 71302 (O,D,WC,NS)
SATURDAY / SÁBADO		
NOON	hrSHR	New Life Group , Chapion Recovery Clubhouse, 2403 Harris Street, Alexandria, LA, 71301 (O,B,SD,WC,NS)
NOON	hrSHR	Open Arms Group , Ben Johnson Auditorium, Rear of Building, 400 Martin Luther King Jr Drive, Natchitoches, LA, 71457 (O,IW,Tr,NS)
6:00PM	hrSHR	New Life Group , Champion Recovery Clubhouse, 2403 Harris Street, Alexandria, LA, 71301 (O,D,WC,NS)

MEETING FORMAT LEGEND			
B	Beginners	BK	Book Study
D	Discussion	IW	It Works -How and Why
JT	Just for Today	NS	No Smoking
O	Open	SD	Speaker/Discussion
St	Step	Tr	Tradition
WC	Wheelchair		

HELPLINES	
Bahamas	242-426-5245
Bay Area/Pinellas (Pinellas County)	727-547-0444
Boca Raton/Delray Beach	561-393-0303
Bradenton	941-957-7910
Daytona Beach (Volusia County)	800-206-0731
First Coast Area (Duval County)	904-723-5683
Forest/Ocala (Marion City)	352-368-6061
Gainesville (Uncoast Area)	352-376-8008
Jacksonville	800-576-4357
Heartland Area (Lakeland/Polk County)	863-683-0630
Melbourne/Titusville	321-631-4357
Nature Coast	352-508-1604
New Port Richey/Zephrhills	800-691-5551
North-West Florida	800-467-7314
Palm Coast Area	561-848-6262
Recover Coast Area (Pasco County)	727-842-2433
River Coast Area (Hernando County)	352-754-7200
Suncoast Area (Sarasota)	941-257-5055
South Florida Region	866-288-6262
Space Coast Area (Brevard County)	321-631-4357
St- Petersburg/Clearwater/Pinellas County	727-547-0444
Tallahassee/Big Bend	850-224-2321
Tampa (Hillsborough County)	813-879-4357
Treasure Coast (St- Lucie County)	888-624-6822
Unity Springs (West Volusia County)	888-385-3121

SERVICE MEETINGS

[illegible]

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**



**CENTRAL AREA
MEETING LIST
MAY 2025**

**24 HOUR HELPLINE
866-579-8333**

**Florida Relay for the Deaf
800-955-8771**

**Greater Orlando Area Service Committee
PO Box 532095
Orlando, FL 32853-2095**

<http://orlandona.org>

SUGGESTIONS FOR EVERYONE

**DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE**

KEEP COMING BACK. IT WORKS