

SUNDAY / DOMINGO		
NOON	hrsHR	<b>Open Arms Group</b> , Ben Johnson Auditorium, Rear of Building, 400 Martin Luther King Jr Drive, Natchitoches, LA, 71457 <b>(O,D,NS)</b>
6:00PM	hrsHR	<b>Miracle Workers Group</b> , Saint James Mem. Church, 714 Winn St., Alexandria, LA, 71301 <b>(O,D,WC,NS)</b>
6:30PM	hrsHR	<b>Life Happens Women's Group</b> , Champion Recovery Clubhouse, 2403 Harris Street, Alexandria, LA, 71301 <b>(W)</b>
7:00PM	hrsHR	<b>Clean and Serene Group</b> , River City's Club House, 3623 Lee St., Alexandria, LA, 71302 <b>(O,D,T,WC,NS)</b>
MONDAY / LUNES		
NOON	hrsHR	<b>Keep It Real Group</b> , Champion Recovery Clubhouse, 2403 Harris Street, Alexandria, LA, 71301
NOON	hrsHR	<b>Open Arms Group</b> , Ben Johnson Auditorium, Rear of Building, 400 Martin Luther King Jr Drive, Natchitoches, LA, 71457 <b>(O,D,NS)</b>
TUESDAY / MARTES		
NOON	hrsHR	<b>Keep It Real Group</b> , Champion Recovery Clubhouse, 2403 Harris Street, Alexandria, LA, 71301 <b>(O,SD,WC,BK,NS)</b>
NOON	hrsHR	<b>Open Arms Group</b> , Ben Johnson Auditorium, Rear of Building, 400 Martin Luther King Jr Drive, Natchitoches, LA, 71457 <b>(O,IW,St,NS)</b>
7:00PM	hrsHR	<b>Talking Heads Group</b> , River City's Club House, 3623 Lee St., Alexandria, LA, 71302 <b>(O,D,WC,NS)</b>
WEDNESDAY / MIÉRCOLES		
NOON	hrsHR	<b>Keep It Real Group</b> , Champion Recovery Clubhouse, 2403 Harris Street, Alexandria, LA, 71301 <b>(To)</b>
NOON	hrsHR	<b>Open Arms Group</b> , Ben Johnson Auditorium, Rear of Building, 400 Martin Luther King Jr Drive, Natchitoches, LA, 71457 <b>(O,D,NS)</b>
THURSDAY / JUEVES		
NOON	hrsHR	<b>Keep It Real Group</b> , Champion Recovery Clubhouse, 2403 Harris Street, Alexandria, LA, 71301 <b>(To)</b>
NOON	hrsHR	<b>Open Arms Group</b> , Ben Johnson Auditorium, Rear of Building, 400 Martin Luther King Jr Drive, Natchitoches, LA, 71457 <b>(O,D,NS)</b>
7:00PM	hrsHR	<b>No Matter What Group</b> , River City's Club House, 3623 Lee St., Alexandria, LA, 71302 <b>(O,D,WC,NS)</b>
FRIDAY / VIERNES		
NOON	hrsHR	<b>Keep It Real Group</b> , Champion Recovery Clubhouse, 2403 Harris Street, Alexandria, LA, 71301 <b>(To)</b>
NOON	hrsHR	<b>Open Arms Group</b> , Ben Johnson Auditorium, Rear of Building, 400 Martin Luther King Jr Drive, Natchitoches, LA, 71457 <b>(O,D,NS)</b>
7:00PM	hrsHR	<b>Real People Group</b> , Natchitoches Behavioral Health Center, 210 Medical Drive, Natchitoches, LA, 71457 <b>(O,D)</b>
7:00PM	hrsHR	<b>Talking Heads Group</b> , River City's Club House, 3623 Lee St., Alexandria, LA, 71302 <b>(O,D,WC,NS)</b>
SATURDAY / SÁBADO		
NOON	hrsHR	<b>New Life Group</b> , Chapion Recovery Clubhouse, 2403 Harris Street, Alexandria, LA, 71301 <b>(O,B,SD,WC,NS)</b>
NOON	hrsHR	<b>Open Arms Group</b> , Ben Johnson Auditorium, Rear of Building, 400 Martin Luther King Jr Drive, Natchitoches, LA, 71457 <b>(O,IW,Tr,NS)</b>
6:00PM	hrsHR	<b>New Life Group</b> , Champion Recovery Clubhouse, 2403 Harris Street, Alexandria, LA, 71301 <b>(O,D,WC,NS)</b>

MEETING FORMAT LEGEND			
B	Beginners	BK	Book Study
D	Discussion	IW	It Works -How and Why
JT	Just for Today	NS	No Smoking
O	Open	SD	Speaker/Discussion
St	Step	To	Topic
Tr	Tradition	W	Women
WC	Wheelchair		

HELPLINES	
Bahamas	242-426-5245
Bay Area/Pinellas (Pinellas County)	727-547-0444
Boca Raton/Delray Beach	561-393-0303
Bradenton	941-957-7910
Daytona Beach (Volusia County)	800-206-0731
First Coast Area (Duval County)	904-723-5683
Forest/Ocala (Marion City)	352-368-6061
Gainesville (Uncoast Area)	352-376-8008
Jacksonville	800-576-4357
Heartland Area (Lakeland/Polk County)	863-683-0630
Melbourne/Titusville	321-631-4357
Nature Coast	352-508-1604
New Port Richey/Zephyrhills	800-691-5551
North-West Florida	800-467-7314
Palm Coast Area	561-848-6262
Recover Coast Area (Pasco County)	727-842-2433
River Coast Area (Hernando County)	352-754-7200
Suncoast Area (Sarasota)	941-257-5055
South Florida Region	866-288-6262
Space Coast Area (Brevard County)	321-631-4357
St- Petersburg/Clearwater/Pinellas County	727-547-0444
Tallahassee/Big Bend	850-224-2321
Tampa (Hillsborough County)	813-879-4357
Treasure Coast (St- Lucie County)	888-624-6822
Unity Springs (West Volusia County)	888-385-3121

## SERVICE MEETINGS

[illegible]

## What is our message?

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**



**CENTRAL AREA  
MEETING LIST  
JULY 2025**

**24 HOUR HELPLINE  
866-579-8333**

**Florida Relay for the Deaf  
800-955-8771**

**Greater Orlando Area Service Committee  
PO Box 532095  
Orlando, FL 32853-2095**

**<http://orlandona.org>**

**SUGGESTIONS FOR EVERYONE**

**DON'T USE no matter what  
Ask your Higher Power to keep you clean  
Come early and stay late  
Get a home group  
Go to 90 meetings in 90 days  
Read NA literature daily  
Get and use a sponsor  
Use the PHONE**

**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 21