SUNDAY / DOMINGO						
NOON	hrsHR	New Freedom, Quonset Drive, Texarkana, AR, 71854 (O,D,OE,NS)				
6:00PM	hrsHR	A New Hope, 401 South Washington Hope,, Hope, AR, 71801 (To)				
7:00PM	hrsHR	Born Again, 408 N. West Str., Atlanta, TX, 75551 (O,D,OE,NS)				
8:00PM	hrsHR	New Beginnings, 1101 Couch St., Texarkana, AR, 71854 (O,D,OE,NS)				
8:00PM	hrsHR	New Freedom, Quonset Drive, Texarkana, AR, 71854 (O,To,NS)				
MONDAY / LUNES						
NOON	hrsHR	New Freedom, Quonset Drive, Texarkana, AR, 71854 (O,D,OE,NS)				
NOON 6:00PM	hrsHR hrsHR	New Freedom, Quonset Drive, Texarkana, AR, 71854 (O,D,OE,NS) A New Hope, 401 South Washington Hope,, Hope, AR, 71801 (St)				
6:00PM	hrsHR hrsHR	A New Hope, 401 South Washington Hope,, Hope, AR, 71801 (St)				
6:00PM 7:00PM	hrsHR hrsHR	A New Hope, 401 South Washington Hope, Hope, AR, 71801 (St) Born Again, 408 N. West Str., Atlanta, TX, 75551 (O,To,NS)				
6:00PM 7:00PM	hrsHR hrsHR hrsHR	A New Hope, 401 South Washington Hope,, Hope, AR, 71801 (St) Born Again, 408 N. West Str., Atlanta, TX, 75551 (O,To,NS) New Freedom, Quonset Drive, Texarkana, AR, 71854 (O,D,NS,LT)				

WEDNESDAY / MIÉRCOLES
7:00PM hrsHR Born Again, 408 N. West Str., Atlanta, TX, 75551 (O,To,NS,LT)
8:00PM hrsHR New Beginnings, 1101 Couch St., Texarkana, AR, 71854

THURSDAY / JUEVES
7:90PM hrsHR Born Again, 408 N. West Str., Atlanta, TX, 75551 (O,NS,SPAD)
8:90PM hrsHR New Freedom, Quonset Drive, Texarkana, AR, 71854

### FRIDAY / VIERNES

8:00PM hrsHR New Freedom, Quonset Drive, Texarkana, AR, 71854 (O,D,OE,NS)

8:30PM hrsHR Born Again, 408 N. West Str., Atlanta, TX, 75551 (O,CL,D,NS)

\*\*SATURDAY / SÁBADO

6:00PM hrsHR A New Hope, 401 South Washington Hope,, Hope, AR, 71801 (St)

8:00PM hrsHR New Freedom, Quonset Drive, Texarkana, AR, 71854 (O,CL,D,OE,NS)

(O,D,OE,NS)

(O,OE,NS,SPAD)

8:00PM hrsHR New Freedom, Quonset Dr, Texarkana, AR, 71854

MEETING FORMAT LEGEND					
L	Candlelight	D	Discussion		
Т	Literature Study	NS	No Smoking		
)	Open	OE	Open-Ended		
G	Step Working Guide	SPAD	A Spiritual Principle a Day		
t	Step	То	Topic		
			-		

## **HELPLINES**

## **SERVICE MEETINGS**

PHONE NUMBERS					

# What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

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# TEXARKANA AREA MEETING LIST MAY 2025

# **SUGGESTIONS FOR EVERYONE**

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 20