| MIÉRCOLES  OPM hrsHR Visions Of Recovery, 804 Jordan Street, Nacogdoches, TX, 75964 | MEETING FORMAT LEGEND | PHONE NUMBERS |
|---|-----------------------|---------------|
| in sim visions of necovery, 604 jordan succe, nacognocites, 17, 73904               | HELPLINES             |               |
|   |                       |               |
|   | SERVICE MEETINGS      |               |
|   |                       |               |
|   |                       |               |
|   |                       |               |
|   |                       |               |
|   |                       |               |
|   |                       |               |
|   |                       |               |
|   |                       |               |
|   |                       |               |
|   |                       |               |
|   |                       |               |
|   |                       |               |
|   |                       |               |
|   |                       |               |
|   |                       |               |
|   |                       |               |
|   |                       |               |
|   |                       |               |
|   |                       |               |
|   |                       |               |

## What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65



## AREA DE HABLA HISPANA DE TEXAS

**MEETING LIST** 

**JULY 2025** 

## **SUGGESTIONS FOR EVERYONE**

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 1