MIÉRCOLES  OPM hrsHR Visions Of Recovery, 804 Jordan Street, Nacogdoches, TX, 75964	MEETING FORMAT LEGEND	PHONE NUMBERS
in sim visions of necovery, 604 jordan succe, nacognocites, 17, 73904	HELPLINES	
	SERVICE MEETINGS	

## What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65



## AREA DE HABLA HISPANA DE TEXAS

**MEETING LIST** 

**MAY 2025** 

## **SUGGESTIONS FOR EVERYONE**

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 1