SUNDAY / DOMINGO

- 9:00AM hrsHR Central Group, The Rose Community Center(Gymnasium), All Sundays Except 2nd Sunday which is @ 8-9:30 AM. 1949 N Washington Ave., Dallas, TX, 75204 (C,D) 9:00AM hrsHR Central Group, 75224 (C, JT, VM) 9:00AM hrsHR Just For Today Virtual, TX, 75401 (C,D,VM)
- 9:00AM hrsHR Omega, 4636 Ross Avenue, Dallas, TX, 75204 (O)
- 10:30AM hrsHR Juntos Unidos NA, (ES,VM)
- 11:00AM hrsHR Duncanville Group, TX, 75232 (VM) Zoom ID: 819 508 3021 Password: 695405; Group Conscience is held the first Saturday after area; Birthday Night is held on the 1st Saturday of the month, from 7-9n
- 11:00AM hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (C) Group Conscience is the 2nd Sunday of every month at 1:30 pm, in person and online
- 11:30AM hrsHR Northside, Dallas, TX, 75243 (VM) Meeting ID: 941 987 0188. Password: 11836; Group Conscience is the 2nd Sunday of every month at 1:30 pm, in person and online.
- NOON hrsHR Awakenings Group, 469-293-2537; Bday 1st Sat @ 8:00 PM; GC 2nd Sun @ 5:00 PM, 120 S Charles St., Lewisville, TX, 75057 (O.D)
- NOON hrsHR Awokenings, Lewisville, TX, (CC,VM)
- NOON hrsHR Duncanville Group, 2550 W. Redbird Ln. #206, Dallas, TX, 75237 (O.IT) Group Conscience is held the first Saturday after area: Birthday Night is held on the 1st Saturday of the month, from 7-9p
- hrsHR Eastside Recovery: Virtual Meeting; ASL Interpreter Available NOON Monday's at 8:00 P.M., Richardson, TX, 75081 (O,D,LT,VM)
- NOON hrsHR Grove Group, Behind Manna Foods, 2084 N Jim Miller Rd. #103C, Dallas, TX, 75217 (O,WC,LT,HY)
- hrsHR Irving Group, 2003 Britain Road, Irving, TX, 75061 (O,B,IP) Group NOON Conscience is second Sunday at 1:00PM
- NOON hrsHR Just For Today, The first Friday of every month is Speaker night. Last Friday of every night is Birthday night. Monday night is split Men's and Women's closed meeting., 4400 Moulton St (suite i), Grenville, TX, 75401 (C.D)
- NOON hrsHR Town East NA, 2413 Gus Thomason Rd Suite #102, Mesquite, TX, 75150 (C) Group Conscience is held the second Sunday of the month at 1.30PM
- 2:00PM hrsHR Quinlan Break Away Group, 2881 TX-276, Quinlan, TX, 75474 (O,D,JT)
- 4:00PM hrsHR RAW (Recovery at Work), 3103 Navaro St, Dallas, TX, 75212 (O.BK.LT) Birthday meeting is held the third Sunday of the month from 2 to 3:30PM: Group Conscience is the 2nd Sunday of each month @ 6:00 p.m.
- 6:00PM hrsHR Awakenings Group, 469-293-2537; Bday 1st Sat @ 7:30 PM; GC 2nd Sun @ 4:30 PM0---------This 6:00 PM Meeting is a 11th Step Meditation Meeting ever 1st, 3rd, and 4th Sundy of the Month(5th if there is one). Will not be held on 2nd Sunday of month, 120 S Charles St, Lewisville, TX, 75057 (O,BT,St)
- 6:00PM hrsHR Carrollton Farmers Branch. Church of One Love (East Entrance). 2570 Valley View Ln, Farmers Branch, TX, 75234 (O) 2nd Sunday after meeting is Group Conscience, Last Sunday is Birthday Night
- 6:00PM hrsHR Grove Group. Behind Manna Foods. 2084 N lim Miller Rd. #103C. Dallas, TX, 75217 (C.D.WC.HY)
- 6:00PM hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (C)
- 6:30PM hrsHR Irving Group, 2003 Britain Road, Irving, TX, 75061 (C,NS,LT) Group Conscience held second Sunday at 1:00PM
- 7:00PM hrsHR Garland Group, 2660 Beltline Rd., Garland, TX, 75044
- 7:00PM hrsHR Just For Today, The first Friday of every month is Speaker night. Last Friday of every night is Birthday night. Monday night is split Men's and Women's closed meeting., 4400 Moulton St (suite i), Grenville, TX, 75401 (C,D)
- 7:00PM hrsHR NA from the Heart, 1620 MLK Blvd, Dallas, TX, 75215 (IP)
- 7:00PM hrsHR Point of Freedom, 1202 Small St., Grand Prairie, TX, 75050 (O)
- 7:30PM hrsHR Eastside Recovery, 801 Alpha Dr. #127, Richardson, TX, 75081 (O) Reading out of the Spiritual Principle A Day book
- 7:30PM hrsHR Keep It Simple Allen Group NA, Sunday Meeting is Living Clean Book Study, 509 S. Greenville Ave., Allen, TX, 75002 (O,LT)
- 7:30PM hrsHR McKinney NA, First Cristian Church, Located in the Discipleship Center near the rear of the main building. Entrance is next to the enclosed dumpsters. Signs will be posted., 1800 W Hunt St, McKinney, TX, 75069 (O) Group Conscience is held 2nd Saturday of the month at 1:30pm
- 7:30PM hrsHR Town East NA, 2413 Gus Thomason Rd Suite #102, Mesquite, TX, 75150 (C)
- 8:00PM hrsHR Awakenings Group, 469-293-2537; Bday 1st Sat @ 7:30 PM; GC 2nd Sun @ 4:30 PM----------Mon-Basic Text; Tue-Living Clean; Wed-IWHW: Thur-Step Working Guide: F-Speaker Meeting: Sat-Newcomer Open-Ended; Sun-Candlelight, 120 S Charles St, Lewisville, TX, 75057 (O,BT,CL,D)

SUNDAY / DOMINGO (CONT)

8:00PM hrsHR Duncanville Group, 2550 W. Redbird Ln. #206, Dallas, TX, 75237 (C) Gratitude; Group Conscience is held the first Saturday after area; Birthday Night is held on the 1st Saturday of the month, from 7-9p 8:00PM hrsHR Eastside Recovery: Virtual Meeting; ASL Interpreter Available

- Monday's at 8:00 P.M., Richardson, TX, 75081 (O,D,LT,VM) 8:00PM hrsHR Last House on the Block, Greenland Hills United Methodist Church, 5835 Penrose Avenue (at Bremen), Dallas, TX, 75206 (O,CL,D)
- 8:00PM hrsHR Miracles & Solutions of South Dallas, TX, 75215 (O, JT, VM) Just For Today/Gratitude Meeting
- 8:00PM hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (C) In-person meetina.
- 8:30PM hrsHR Grupo Nuevo Camino, 2120 N St Augustine Rd Suite 126, Dallas, TX, 75227 (ES) 10:00PM hrsHR Northside, Dallas, TX, 75243 (O,VM) Meeting ID: 941 987 0188
- Password: 11836

10:00PM hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (C) MONDAY / LUNES

8:00AM hrsHR Central Group, TX, 75224 (C, JT, VM)

- 8:30AM hrsHR Just For Today Virtual, TX, 75401 (C,D,VM)
- hrsHR Awakenings Group, 469-293-2537; Bday 1st Sat @ 7:30 PM; GC 2nd NOON Sun @ 4:30 PM, 120 S Charles St, Lewisville, TX, 75057 (O,D,BK)
- NOON hrsHR Awokenings, Lewisville, TX, (CC,VM)
- hrsHR Duncanville Group, 2550 W. Redbird Ln. #206, Dallas, TX, 75237 NOON (O) Steps, Traditions and Concepts; Group Conscience is held the first Saturday after area; Birthday Night is held on the 1st Saturday of the month, from 7-9p
- NOON hrsHR Eastside Recovery: Virtual Meeting; ASL Interpreter Available Monday's at 8:00 P.M., Richardson, TX, 75081 (O,D,LT,VM) hrsHR Grove Group, Behind Manna Foods, 2084 N Jim Miller Rd. #103C, NOON
- Dallas, TX, 75217 (O.D.WC.HY) NOON
- hrsHR Irving Group, 2003 Britain Road, Irving, TX, 75061 (0)
- NOON hrsHR Just For Today, The first Friday of every month is Speaker night. Last Friday of every night is Birthday night. Monday night is split Men's and Women's closed meeting., 4400 Moulton St (suite i), Grenville, TX, 75401 (D)
- NOON hrsHR Just For Today, The first Friday of every month is Speaker night. Last Friday of every night is Birthday night. Monday night is split Men's and Women's closed meeting., 4400 Moulton St (suite i), Grenville, TX, 75401 (D)
- NOON hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (O) In-person meetina.
- hrsHR Town East NA. 2413 Gus Thomason Rd Suite #102. Mesquite. TX. NOON 75150 (O.BK)
- 6:00PM hrsHR Grove Group, Behind Manna Foods, 2084 N Jim Miller Rd. #103C, Dallas, TX, 75217 (O,D,WC,HY)
- 6:00PM hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (C) In-person meetina.
- 6:00PM hrsHR South Oak Cliff NA, Step Working Guide Study, 2120 N 52nd Street, Dallas, TX, 75216 (LT,HY) Birthday nights will be held on the last Meeting Day of every month
- 6:30PM hrsHR Irving Group, 2003 Britain Road, Irving, TX, 75061 (O.B.NS)
- 6:30PM hrsHR New Beginnings NA of South Dallas. 3116 Martin Luther King Ir. Blvd Dallas TX 75215
- 6:30PM hrsHR Quinlan Break Away Group, 2881 TX-276, Quinlan, TX, 75474 (O.D.IT)
- 7:00PM hrsHR Broken Chains. 11131 Ferguson Rd., Dallas, TX, 75228 (O.D)
- 7:00PM hrsHR DeSoto Group, CORNER THEATER ROOM, 211 E PLEASANT RUN RD., De Soto, TX, 75115 (O) Located in Building F at the Hampton Road Baptist Church; Group Conscience is held after the 7PM Meeting on the first Monday after DASC
- 7:00PM hrsHR Faith NA, Spring Creek Church, 2510 East Ledbetter, Dallas, TX, 75216 (O,LT)
- 7:00PM hrsHR lust For Today. The first Friday of every month is Speaker night. Last Friday of every night is Birthday night. Monday night is split Men's and Women's closed meeting., 4400 Moulton St (suite i), Grenville, TX, 75401 (D)
- 7:00PM hrsHR NA from the Heart, 1620 MLK Blvd, Dallas, TX, 75215
- 7:00PM hrsHR Point of Freedom, 1202 Small St., Grand Prairie, TX, 75050 (0)
- 7:00PM hrsHR RAW (Recovery at Work), 3103 Navaro St. Dallas, TX, 75212 (LT) Group Conscience held on the 3rd Monday of the month
- 7:00PM hrsHR The Workshop, 300 West Oak Street., Denton, TX, 76201 (LT) 7:30PM hrsHR Carrollton Farmers Branch, Church of One Love (East Entrance),
 - 2570 Valley View Ln. Farmers Branch, TX. 75234 (O.D) First Monday is a speaker meeting
- 7:30PM hrsHR Eastside Recovery, 801 Alpha Dr. #127, Richardson, TX, 75081 (O.D.LT)
- 7:30PM hrsHR Keep It Simple Allen Group NA, 509 S. Greenville Ave., Allen, TX, 75002 (C,O,BT,IP)

MONDAY / LUNES (CONT)

7:30PM hrsHR McKinney NA, First Cristian Church, Located in the Discipleship Center near the rear of the main building. Entrance is next to the enclosed dumpsters. Signs will be posted., 1800 W Hunt St, McKinney, TX. 75069 (O.B) Group Conscience is held 2nd Saturday of the month at 1:30pm; Speaker Night 1st Monday of every month 7:30PM hrsHR Oficina de Apartamento, 7152 Fair Oaks Ave., Dallas, TX, 75231

TUESDAY / MARTES (CONT)

7:00PM hrsHR Just For Today, The first Friday of every month is Speaker night. Last

7:00PM hrsHR NA from the Heart, 1620 MLK Blvd, Dallas, TX, 75215 (SG)

Glen Dr., Dallas, TX, 75232

7:00PM hrsHR No Ticket Needed, Kirkwood Temple (214)284-5380, 1440 Sunny

7:00PM hrsHR Point of Freedom, 1202 Small St., Grand Prairie, TX, 75050 (O)

7:00PM hrsHR RAW (Recovery at Work), 3103 Navaro St, Dallas, TX, 75212

7:00PM hrsHR The Workshop, 300 West Oak Street., Denton, TX, 76201 (LT)

7:30PM hrsHR Carroliton Farmers Branch, Church of One Love (East Entrance),

7:30PM hrsHR Eastside Recovery, 801 Alpha Dr. #127, Richardson, TX, 75081

7:30PM hrsHR Keep It Simple Allen Group NA, Tuesday Meeting is Recovery &

7:30PM hrsHR McKinney NA, First Christian Church, Located in the Discipleship

month, 1:30pm,Open 15 min. early for fellowship

7:30PM hrsHR Town East NA, 2413 Gus Thomason Rd Suite #102, Mesquite, TX,

7:30PM hrsHR Unidos Podemos, 4609 Terry St Dallas 75223, Dallas, TX, 75223

Saturday of the month, from 7-9p

8:00PM hrsHR Awakenings Group, 469-293-2537; Bday 1st Sat @ 7:30 PM; GC 2nd

8:00PM hrsHR Eastside Recovery: Virtual Meeting; ASL Interpreter Available

8:00PM hrsHR Last House on the Block, Greenland Hills United Methodist Church

8:00PM hrsHR Miracles & Solutions of South Dallas, TX, 75215 (O,IW,LT,VM)

8:00PM hrsHR Northside, 11836 ludd Court #318, Dallas, TX, 75243 (SPK.St.Tr)

10:00PM hrsHR Northside, TX, 75243 (VM) Meeting ID: 941 987 0188 Password:

WEDNESDAY / MIÉRCOLES

hrsHR Awakenings Group, 469-293-2537; Bday 1st Sat @ 7:30 PM; GC 2nd

Sun @ 4:30 PM, 120 S Charles St, Lewisville, TX, 75057 (O,D)

Monday's at 8:00 P.M., Richardson, TX, 75081 (O,D,LT,VM)

hrsHR Just For Today, The first Friday of every month is Speaker night. Last

hrsHR Town East NA, 2413 Gus Thomason Rd Suite #102, Mesquite, TX,

75150 (C) First Monday of the month is a speaker meeting

(O,IP) Group Conscience is held the first Saturday after area; Birthday

Friday of every night is Birthday night. Monday night is split Men's and

Women's closed meeting., 4400 Moulton St (suite i), Grenville, TX,

Grove Group, Behind Manna Foods, 2084 N Jim Miller Rd. #103C,

2120 N 52nd Street, Dallas, TX, 75216 (O,LT,HY) Birthday nights will

hrsHR Duncanville Group, 2550 W. Redbird LN. #206, Dallas, TX, 75237

Night is held on the 1st Saturday of the month, from 7-9p

hrsHR Grove Group, Behind Manna Foods, 2084 N Jim Miller Rd. #103C,

NOON hrsHR Eastside Recovery: Virtual Meeting; ASL Interpreter Available

10:00PM hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (C)

2570 Valley View Ln, Farmers Branch, TX, 75234 (O,D)

75401 (D)

from 2 to 3:30PM

75150 (C,St,Tr)

Sun @ 4.30 PM----

In-person meeting.

8:00AM hrsHR Central Group, TX, 75224 (C,JT,HY)

NOON hrsHR Awokenings. Lewisville, TX. (VM)

75401 (D)

8:30AM hrsHR lust For Today Virtual, TX, 75401 (C.D.VM)

Dallas, TX, 75217 (O,WC,LT,HY)

Dallas, TX, 75217 (C,WC,LT,HY)

6:00PM hrsHR Northside, 11836 Judd Court #318, TX, 75243 (O)

Blvd,, Dallas, TX, 75215

hrsHR Irving Group, 2003 Britain Road, Irving, TX, 75061

hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (C)

6:00PM hrsHR South Oak Cliff NA, S.P.A.D Spiritual Principle a Day Book Study,

be held on the last Meeting Day of every month

6:30PM hrsHR New Beginnings NA of South Dallas, 3116 Martin Luther King Jr.

6:30PM hrsHR Irving Group, 2003 Britain Road, Irving, TX, 75061 (C.NS.LT)

11836

(O,BK)

8.00PM hrsHR

NOON

NOON

NOON

NOON

NOON

NOON

NOON

6:00PM hrsHR

(O.D.LT)

Friday of every night is Birthday night. Monday night is split Men's and

Women's closed meeting., 4400 Moulton St (suite i), Grenville, TX,

(O,BK,LT) Birthday meeting is held the third Sunday of the month

Relapse Discussion, 509 S. Greenville Ave., Allen, TX, 75002 (O,LT)

enclosed dumpsters. Signs will be posted., 1800 W Hunt St, McKinney,

TX, 75069 (C,St) Group Conscience is held on the 2nd Saturday of the

IWHW; Thur-Step Working Guide; F-Speaker Meeting; Sat-Newcomer

Open-Ended; Sun-Candlelight, 120 S Charles St, Lewisville, TX, 75057

Duncanville Group, 2550 W. Redbird LN. #206, Dallas, TX, 75237

(O,SPK) Steps, Traditions and Concepts; Group Conscience is held

the first Saturday after area: Birthday Night is held on the 1st

Monday's at 8:00 P.M., Richardson, TX, 75081 (O,D,LT,VM)

5835 Penrose Avenue (at Bremen), Dallas, TX, 75206 (C,St,LT)

------Mon-Basic Text; Tue-Living Clean; Wed-

Center near the rear of the main building. Entrance is next to the

- (ES) Información -- 888-600-6229 7:30PM hrsHR Town East NA. 2413 Gus Thomason Rd Suite #102. Mesquite, TX.
 - 75150 (O,LT) First Monday of the month is a speaker meeting
- 7:30PM hrsHR Unidos Podemos, 4609 Terry St Dallas 75223, Dallas, TX, 75223 8:00PM hrsHR Awakenings Group, 469-293-2537; Bday 1st Sat @ 7:30 PM; GC 2nd
- Sun @ 4:30 PM---Mon-Basic Text; Tue-Living Clean; Wed-IWHW: Thur-Step Working Guide; F-Speaker Meeting; Sat-Newcomer Open-Ended; Sun-Candlelight, 120 S Charles St, Lewisville, TX, 75057 (O.BT.BK)
- 8:00PM hrsHR Duncanville Group, 2550 W. Redbird LN. #206, Dallas, TX, 75237 (O,D) Steps, Traditions and Concepts; Group Conscience is held the first Saturday after area; Birthday Night is held on the 1st Saturday of the month, from 7-9p
- 8:00PM hrsHR Eastside Recovery: Virtual Meeting; ASL Interpreter Available Monday's at 8:00 P.M., Richardson, TX, 75081 (O,D,LT,VM)
- 8:00PM hrsHR Farsi Northside Meeting, 11836 ludd Court #318, Dallas, TX, 75243 (BL) In-person meeting. The spoken language is Farsi.
- 8:00PM hrsHR Last House on the Block, Greenland Hills United Methodist Church, 5835 Penrose Avenue (at Bremen), Dallas, TX, 75206 (O,B,St) Group Conscience is held on the second Mondav at 6:30PM.
- 8:00PM hrsHR Miracles & Solutions of South Dallas, TX, 75215 (O.RF.SG.OGP.VM)
- 8:00PM hrsHR Northside. 11836 ludd Court #318. Dallas. TX. 75243 (C) In-person meetina
- 8:30PM hrsHR Grupo Nuevo Camino, 2120 N St Augustine Rd Suite 126, Dallas, TX, 75227 (ES)
- 10:00PM hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (C)
- 10:00PM hrsHR Northside, TX, 75243 (O,VM) Meeting ID: 941 987 0188 Password: 11836: Online meeting

TUESDAY / MARTES

- 8:00AM hrsHR Central Group, TX, 75224 (C.IT.HY)
- 8:30AM hrsHR Just For Today Virtual, TX, 75401 (C,D,VM) NOON hrsHR Awakenings Group, 469-293-2537; Bday 1st Sat @ 7:30 PM; GC 2nd
- Sun @ 4:30 PM, 120 S Charles St, Lewisville, TX, 75057 (O,D)
- NOON hrsHR Awokenings, Lewisville, TX, (CC.VM) NOON hrsHR Duncanville Group, 2550 W. Redbird LN. #206, Dallas, TX, 75237 (O,BT,D) Group Conscience is held the first Saturday after area;
- Birthday Night is held on the 1st Saturday of the month, from 7-9p NOON hrsHR Eastside Recovery: Virtual Meeting: ASL Interpreter Available
- Monday's at 8:00 P.M., Richardson, TX, 75081 (O,D,LT,VM) hrsHR Grove Group, Behind Manna Foods, 2084 N Jim Miller Rd. #103C, NOON Dallas, TX, 75217 (O,D,WC,HY)
- NOON hrsHR Irving Group, 2003 Britain Road, Irving, TX, 75061 (O,NS)
- NOON hrsHR Just For Today, The first Friday of every month is Speaker night. Last Friday of every night is Birthday night. Monday night is split Men's and Women's closed meeting., 4400 Moulton St (suite i), Grenville, TX. 75401 (D)
- NOON hrsHR McKinney NA, First Christian Church, 1800 W Hunt St., McKinney, TX. 75069 (C,St) Group Conscience is held on the 2nd Saturday of the month at 1:30pm
- NOON hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (O)
- NOON hrsHR Town East NA, 2413 Gus Thomason Rd Suite #102, Mesquite, TX, 75150 (0)
- 6:00PM hrsHR Courage to Change, West Dallas Multipurpose Center, 2828 Fish Trap Rd., Dallas, TX, 75212 (BK,LT) Tuesday Basic Text Study & Thursday IWHW Study
- 6:00PM hrsHR Grove Group, Behind Manna Foods, 2084 N lim Miller Rd. #103C, Dallas, TX, 75217 (O,D,WC,HY)
- 6:00PM hrsHR Northside, 11836 Judd Court #318, TX, 75243 (C,W)

Meets in basement

Baptist Church

6:00PM hrsHR Northside, 11836 Judd Court #318, TX, 75243 (C,M)

7:00PM hrsHR Garland Group, 2660 Beltline Rd., Garland, TX, 75044

6:00PM hrsHR South Oak Cliff NA. Living Clean: The Journey Continues Book Study. 2120 N 52nd Street, Dallas, TX, 75216 (O,LT,HY) Birthday nights will be held on the last Meeting Day of every month 6:30PM hrsHR Irving Group, 2003 Britain Road, Irving, TX, 75061 (C)

7:00PM hrsHR DASC FAITH HOPE LOVE, 1508 Cadiz St., Dallas, TX, 75201 (O,NS)

7:00PM hrsHR DeSoto Group, Corner Theater Room, 211 E PLEASANT RUN RD., De

Soto, TX, 75115 (O) Located in Building F at the Hampton Road

WEDNESDAY / MIÉRCOLES (CONT)

- 7:00PM hrsHR Just For Today, The first Friday of every month is Speaker night. Last Friday of every night is Birthday night. Monday night is split Men's and Women's closed meeting., 4400 Moulton St (suite i), Grenville, TX, 75401 (D)
- 7:00PM hrsHR NA from the Heart, 1620 MLK Blvd, Dallas, TX, 75215 (LT) 7:00PM hrsHR RAW (Recovery at Work), 3103 Navaro St, Dallas, TX, 75212
- (O,BK,LT) 7:00PM hrsHR Rockwall NA, 1200 Yellowjacket Lane, Bldg. A, Room 211, Rockwall, TX, 75087 (O,NS,HY) Group Conscience is held the 2nd Saturday of the month at 6:00PM; Birthday Nights are 2nd Saturday of the month at 7nm
- 7:00PM hrsHR We Do Recover NA, Group is at the Lighthouse Research and Development, Pleasant Run and Dallas Rd. behind Legions Bank., 323 W. Park Lane, Lancaster, TX, 75134
- 7:30PM hrsHR Carroliton Farmers Branch, Church of One Love (East Entrance), 2570 Valley View Ln, Farmers Branch, TX, 75234 (O,D)
- 7:30PM hrsHR Eastside Recovery, 801 Alpha Dr. #127, Richardson, TX, 75081 (O,D,LT)
- 7:30PM hrsHR Keep It Simple Allen Group NA, 509 S. Greenville Ave., Allen, TX, 75002 (O,SG,St)
- 7:30PM hrsHR Primera Iglesia de Nazareno, 4609 Terry St., Dallas, TX, 75223 (ES) Información -- 888-600-6229
- 7:30PM hrsHR Town East NA. 2413 Gus Thomason Rd Suite #102. Mesquite, TX. 75150 (C,B,AB)
- 7:30PM hrsHR Unidos Podemos, 4609 Terry St Dallas 75223, Dallas, TX, 75223
- 8:00PM hrsHR Awakenings Group, 469-293-2537; Bday 1st Sat @ 7:30 PM; GC 2nd Sun @ 4:30 PM------Mon-Basic Text; Tue-Living Clean; Wed-IWHW; Thur-Step Working Guide; F-Speaker Meeting; Sat-Newcomer Open-Ended; Sun-Candlelight, 120 S Charles St, Lewisville, TX, 75057 (Ó.BK)
- 8:00PM hrsHR Duncanville Group, 2550 W. Redbird LN. #206, Dallas, TX, 75237 (C) Call-up Meeting; Group Conscience is held the first Saturday after area; Birthday Night is held on the 1st Saturday of the month, from 7-9p
- 8:00PM hrsHR Eastside Recovery: Virtual Meeting; ASL Interpreter Available Monday's at 8:00 P.M. Richardson, TX, 75081 (O.D.LT.VM).
- 8:00PM hrsHR KNT Quinlan NA, 401 Panther Path, Quinlan, TX,
- 8:00PM hrsHR Last House on the Block, Greenland Hills United Methodist Church, 5835 Penrose Avenue (at Bremen), Dallas, TX, 75206 (St) Step Study Meetina
- 8:00PM hrsHR Miracles & Solutions of South Dallas, TX, 75215 (O,LT,VM) Living Clean book study
- 8:00PM hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (O) In-person meetina
- 8:30PM hrsHR Grupo Nuevo Camino, 2120 N St Augustine Rd Suite 126, Dallas, TX, 75227 (ES)
- 10:00PM hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (C) 10:00PM hrsHR Northside, TX, 75243 (VM) Meeting ID: 941 987 0188 Password:
- 11836

THURSDAY / JUEVES

- 8:00AM hrsHR Central Group, TX, 75224 (C, JT, HY)
- 8:30AM hrsHR Just For Today Virtual, TX, 75401 (C.D.VM)
- NOON hrsHR Awakenings Group, 469-293-2537; Bday 1st Sat @ 7:30 PM; GC 2nd Sun @ 4:30 PM, 120 S Charles St, Lewisville, TX, 75057 (O,D,SG,BK)
- NOON hrsHR Awokenings, Lewisville, TX, (O.D.VM)
- NOON hrsHR Duncanville Group, 2550 W. Redbird LN, #206, Dallas, TX, 75237 (O.IW.BK) Group Conscience is held the first Saturday after area: Birthday Night is held on the 1st Saturday of the month, from 7-9p
- NOON hrsHR Eastside Recovery: Virtual Meeting; ASL Interpreter Available Monday's at 8:00 P.M., Richardson, TX, 75081 (O,D,LT,VM)
- hrsHR Grove Group, Behind Manna Foods, 2084 N Jim Miller Rd. #103C, NOON Dallas, TX, 75217 (C.D.WC.HY)
- NOON hrsHR Irving Group, 2003 Britain Road, Irving, TX, 75061 (0)
- hrsHR Just For Today, The first Friday of every month is Speaker night. Last NOON Friday of every night is Birthday night. Monday night is split Men's and Women's closed meeting., 4400 Moulton St (suite i), Grenville, TX, 75401 (D)
- hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (C) NOON
- hrsHR Town East NA, 2413 Gus Thomason Rd Suite #102, Mesquite, TX, NOON 75150 (O) First Monday of the month is a speaker meeting
- 6:00PM hrsHR Courage to Change, West Dallas Multipurpose Center, 2828 Fish Trap Rd., Dallas, TX, 75212 Tuesday Basic Text Study & Thursday IWHW Study
- 6:00PM hrsHR Grove Group, Behind Manna Foods, 2084 N Jim Miller Rd. #103C, Dallas, TX, 75217 (O,D,WC,HY)
- 6:00PM hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (O)

THURSDAY / JUEVES (CONT)

6:00PM hrsHR South Oak Cliff NA, IP Study, 2120 N 52nd Street, Dallas, TX, 75216 (O,LT,HY) Birthday nights will be held on the last Meeting Day of every month

- 6:30PM hrsHR Irving Group, 2003 Britain Road, Irving, TX, 75061 (C,SPK,NS) 6:30PM hrsHR Quinlan Break Away Group, 2881 TX-276, Quinlan, TX, 75474 (O,D,JT)
- 7:00PM hrsHR DeSoto Group, Corner Theater Room, 211 E PLEASANT RUN RD., De Soto, TX, 75115 (O,AB) Located in Building F at the Hampton Road Baptist Church, 2nd Saturday Night Birthday Night
- 7:00PM hrsHR Just For Today, The first Friday of every month is Speaker night. Last Friday of every night is Birthday night. Monday night is split Men's and Women's closed meeting., 4400 Moulton St (suite i), Grenville, TX, 75401 (D)
- 7:00PM hrsHR NA from the Heart, 1620 MLK Blvd, Dallas, TX, 75215 (LT)
- 7:00PM hrsHR Point of Freedom, 1202 Small St., Grand Prairie, TX, 75050 (O) 7:00PM hrsHR RAW (Recovery at Work), 3103 Navaro St, Dallas, TX, 75212
- (O,BK,LT) 7:00PM hrsHR The Workshop, 300 West Oak Street., Denton, TX, 76201 (LT)
- 7:30PM hrsHR Awakenings Group, 469-293-2537; Bday 1st Sat @ 7:30 PM; GC 2nd Sun @ 4:30 PM----------Mon-Basic Text; Tue-Living Clean; Wed-IWHW; Thur-Step Working Guide; F-Speaker Meeting; Sat-Newcomer Open-Ended; Sun-Candlelight, 120 S Charles St, Lewisville, TX, 75057 (O.BT.BK)
- 7:30PM hrsHR Carrollton Farmers Branch, Church of One Love (East Entrance), 2570 Valley View Ln, Farmers Branch, TX, 75234 (O,D)
- 7:30PM hrsHR Eastside Recovery, 801 Alpha Dr. #127, Richardson, TX, 75081 (O.B.D.LT.OGP)
- 7:30PM hrsHR Grace NA, Grace Church, Enter the doors on the East side of the church; Room at top of stairs, 8440 Grace Street, Frisco, TX, 75034 (C,Rr,WC,CC,HY) Hybrid meeting - In person and on Zoom. Birthday Night is the first Thursday of the month and is an Open meeting. Group Conscience is on the second Thursday of the month at 6:30 PM.
- 7:30PM hrsHR Keep It Simple Allen Group NA, 509 S. Greenville Ave., Allen, TX, 75002 (C.BT)
- 7:30PM hrsHR McKinney NA, First Christian Church, Located in the Discipleship Center near the rear of the main building. Entrance is next to the enclosed dumpsters. Signs will be posted., 1800 W Hunt St, McKinney, TX, 75069 (O) Group Conscience is held on the 2nd Saturday of the month, 5:30pm
- 7:30PM hrsHR Town East NA, 2413 Gus Thomason Rd Suite #102, Mesquite, TX, 75150 (C.BK)
- 7:30PM hrsHR Unidos Podemos, 4609 Terry St Dallas 75223, Dallas, TX, 75223 8:00PM hrsHR Awakenings Group, 469-293-2537; Bday 1st Sat @ 7:30 PM; GC 2nd
 - Sun @ 4:30 PM----Mon-Basic Text; Tue-Living Clean; Wed-IWHW; Thur-Step Working Guide; F-Speaker Meeting; Sat-Newcomer Open-Ended; Sun-Candlelight, 120 S Charles St, Lewisville, TX, 75057 (O.BT.BK)
- 8:00PM hrsHR Duncanville Group, 2550 W. Redbird LN. #206, Dallas, TX, 75237 (O,D) Blacklight Meeting; Group Conscience is held the first Saturday after area; Birthday Night is held on the 1st Saturday of the month, from 7-9n
- 8:00PM hrsHR Eastside Recovery: Virtual Meeting; ASL Interpreter Available Monday's at 8:00 P.M., Richardson, TX, 75081 (O,D,LT,VM)
- 8:00PM hrsHR Last House on the Block. Greenland Hills United Methodist Church. 5835 Penrose Avenue (at Bremen), Dallas, TX, 75206 (C,D) 8:00PM hrsHR Miracles & Solutions of South Dallas, TX, 75215 (O,BT,LT,VM)
- Basic Text 8:00PM hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (O,B) In-
- person meeting.
- 10:00PM hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (C) 10:00PM hrsHR Northside, TX, 75243 (O,VM) Meeting ID: 941 987 0188 Password:
- 11836

FRIDAY / VIERNES

- 8:00AM hrsHR Central Group, TX, 75224 (C, JT, HY) 8:30AM hrsHR Just For Today Virtual, TX, 75401 (C,D,VM)
- NOON hrsHR Awakenings Group, 469-293-2537; Bday 1st Sat @ 7:30 PM; GC 2nd Sun @ 4:30 PM. 120 S Charles St. Lewisville. TX. 75057 (O.D)
- NOON hrsHR Awokenings, Lewisville, TX, (CC,VM)
- NOON hrsHR Duncanville Group, 2550 W. Redbird LN. #206, Dallas, TX, 75237 (O.IT) Group Conscience is held the first Saturday after area: Birthday Night is held on the 1st Saturday of the month, from 7-9p
- NOON hrsHR Eastside Recovery: Virtual Meeting; ASL Interpreter Available Monday's at 8:00 P.M., Richardson, TX, 75081 (O,D,LT,VM) NOON hrsHR Grove Group, Behind Manna Foods, 2084 N Jim Miller Rd. #103C,
- Dallas, TX, 75217 (C,D,WC,HY) NOON
- hrsHR Irving Group, 2003 Britain Road, Irving, TX, 75061 (0)

FRIDAY / VIERNES (CONT)

NOON hrsHR Just For Today, The first Friday of every month is Speaker night. Last Friday of every night is Birthday night. Monday night is split Men's and Women's closed meeting., 4400 Moulton St (suite i), Grenville, TX, 75401 (D)

SATURDAY / SÁBADO

Carroliton Farmers Branch, Church of One Love (East Entrance),

doors on the East side of the church: Room at top of stairs. 8440

Grace Street, Frisco, TX, 75034 (O,WC) 1st and 3rd Saturday of the

2570 Valley View Ln, Farmers Branch, TX, 75234 (O,D,M)

8:00AM hrsHR Women's Saturday Morning Coffee Meditation, Dallas, TX,

9:30AM hrsHR Grace NA - 1st and 3rd Saturday only, Grace Church, Enter the

10:00AM hrsHR Duncanville Group Women's Meeting, Duncanville Group, 2550 W

10:30AM hrsHR Carroliton Farmers Branch. Church of One Love (East Entrance).

11:00AM hrsHR Last House on the Block, Greenland Hills United Methodist Church,

2570 Valley View Ln, Farmers Branch, TX, 75234 (O,D,W)

5835 Penrose Avenue (at Bremen), Dallas, TX, 75206 (C,D)

hrsHR Awakenings Group, 469-293-2537; Bday 1st Sat @ 7:30 PM; GC 2nd

Sun @ 4:30 PM, 120 S Charles St, Lewisville, TX, 75057 (O,D)

(O,JT) Group Conscience is held the first Saturday after area; Birthday

lust For Today. The first Friday of every month is Speaker night. Last

Friday of every night is Birthday night. Monday night is split Men's and

Women's closed meeting., 4400 Moulton St (suite i), Grenville, TX,

Center near the rear of the main building. Entrance is next to the

enclosed dumpsters. Signs will be posted., 1800 W Hunt St. McKinney.

TX, 75069 (O) Birthday Night is held on the last Friday of the Month,

Group Conscience is held on the 2nd Saturday of the month, 1:30pm

Grove Group, Behind Manna Foods, 2084 N Jim Miller Rd. #103C,

Located in Building F at the Hampton Road Baptist Church, 2nd

Friday of every night is Birthday night. Monday night is split Men's and

Women's closed meeting., 4400 Moulton St (suite i), Grenville, TX.

Rockwall NA, 1200 Yellowjacket Lane, Bldg. A, Room 211, Rockwall,

TX, 75087 (O,NS,HY) Group Conscience is held the 2nd Saturday of

the month at 6:00PM; Birthday Nights are 2nd Saturday of the month

Keep It Simple Allen Group NA, 509 S. Greenville Ave., Allen, TX,

75150 (O,CL) Group Conscience is held the second Sunday of the

IWHW; Thur-Step Working Guide; F-Speaker Meeting; Sat-Newcomer

Open-Ended; Sun-Candlelight, 120 S Charles St, Lewisville, TX, 75057

(O,JT) Birthday Night is held on the first Saturday of the month, Group

Monday's at 8:00 P.M., Richardson, TX, 75081 (O.D.LT.VM)

----Mon-Basic Text; Tue-Living Clean; Wed-

hrsHR Duncanville Group, 2550 W. Redbird LN. #206, Dallas, TX, 75237

Night is held on the 1st Saturday of the month, from 7-9p

hrsHR Grove Group, Behind Manna Foods, 2084 N Jim Miller Rd. #103C,

hrsHR Irving Group, 2003 Britain Road, Irving, TX, 75061 (O,D)

NOON hrsHR McKinney NA. First Christian Church. Located in the Discipleship

NOON hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (O,B) In-

NOON hrsHR Town East NA, 2413 Gus Thomason Rd Suite #102, Mesquite, TX,

6:00PM hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (O) In person.

7:00PM hrsHR DeSoto Group, 211 E PLEASANT RUN RD, DeSoto, TX, 75115 (O,RF)

7:00PM hrsHR Just For Today, The first Friday of every month is Speaker night. Last

7:00PM hrsHR NA from the Heart, 1620 MLK Blvd, Dallas, TX, 75215 (BT) Birthday

7:30PM hrsHR Eastside Recovery, 801 Alpha Dr. #127, Richardson, TX, 75081

7:30PM hrsHR Town East NA, 2413 Gus Thomason Rd Suite #102, Mesquite, TX,

8:00PM hrsHR Duncanville Group, 2550 W.Redbird LN. #206, Dallas, TX, 75237

Conscience is held the first Saturday after area

8:00PM hrsHR KNT Quinlan NA, 1209 E. Quinlan Pkwy, Quinlan, TX

8:00PM hrsHR Eastside Recovery: Virtual Meeting; ASL Interpreter Available

8:00PM hrsHR Awakenings Group, 469-293-2537; Bday 1st Sat @ 7:30 PM; GC 2nd

6:30PM hrsHR Irving Group, 2003 Britain Road, Irving, TX, 75061 (O,D,NS)

hrsHR Eastside Recovery: Virtual Meeting; ASL Interpreter Available

Monday's at 8:00 P.M., Richardson, TX, 75081 (O,D,LT,VM)

9:00AM hrsHR Just For Today Virtual, Greenville, TX, 75401 (C,D,VM)

month only, Living Clean meeting

hrsHR Awokenings, Lewisville, TX, (CC,VM)

Dallas, TX, 75217 (C,D,WC,HY)

Dallas, TX, 75217 (O,B,WC,HY)

Saturday Night Birthday Night

Night, Last Saturday of Each Month

Redbird Lane, Dallas, TX, 75237 (W)

10:00AM hrsHR Men of Unity Group, 2976 Cummings St., Dallas, TX, 75216

(W.VM.GM)

9:00AM hrsHR Central Group, TX, 75224 (C, JT, HY)

(0,M,TC,VM)

9:00AM hrsHR

NOON

NOON

NOON

NOON

NOON

NOON

NOON

6:00PM hrsHR

7:00PM hrsHR

7:30PM hrsHR

hrsHR

75401 (O)

nerson meetina

75150 (C)

75401 (D)

at 7nm

(D,CC)

75002 (O,BT,CL)

month at 1:30PM

Sun @ 4:30 PM-----

(O.B.D.BK)

- NOON hrsHR McKinney NA, First Christian Church, Located in the Discipleship Center near the rear of the main building. Entrance is next to the enclosed dumpsters. Signs will be posted., 1800 W Hunt St, McKinney TX. 75069 (O) Birthday Night is held on the last Friday of the Month. Group Conscience is held on the 2nd Saturday of the month, 1:30pm
- NOON hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (C)
- NOON hrsHR Town East NA, 2413 Gus Thomason Rd Suite #102, Mesquite, TX, 75150 (O,BK)
- 6:00PM hrsHR Grove Group, Behind Manna Foods, 2084 N Jim Miller Rd. #103C, Dallas, TX, 75217 (O,D,WC,HY)
- 6:00PM hrsHR Northside, 11836 Judd Court #318,, Dallas, TX, 75243 (O)
- 6:30PM hrsHR Irving Group, 2003 Britain Road, Irving, TX, 75061 (O,SPK,NS)
- 6:30PM hrsHR New Beginnings NA of South Dallas, 3116 Martin Luther King Jr. Blvd., Dallas, TX, 75215
- 7:00PM hrsHR DeSoto Group. Multipurpose Room #2, 211 E PLEASANT RUN RD., De Soto, TX, 75115 (O) Located in Building F at the Hampton Road Baptist Church, 2nd Saturday Night Birthday Night
- 7:00PM hrsHR Just For Today, The first Friday of every month is Speaker night. Last Friday of every night is Birthday night. Monday night is split Men's and Women's closed meeting., 4400 Moulton St (suite i), Grenville, TX, 75401 (SPK,HY)
- 7:00PM hrsHR NA from the Heart, 1620 MLK Blvd, Dallas, TX, 75215 (IW) 7:00PM hrsHR Northside: LGBTQ+ Virtual Meeting, TX, 75243 (LGBT,VM)
- Meeting ID: 941 987 0188 Password: 11836
- 7:00PM hrsHR Point of Freedom, 1202 Small St., Grand Prairie, TX, 75050 (O)
- 7:00PM hrsHR RAW (Recovery at Work), 3103 Navaro St, Dallas, TX, 75212 (O SPK)
- 7:00PM hrsHR South Oak Cliff NA, Week1: Basic Text, Week 2: It Works How and Why: Week 3 Living Clean: Week 4 Guiding Principles : Week 5 Chairpersons Choice, 2120 N 52nd Street, Dallas, TX, 75216 (O,LT,HY) Birthday nights will be held on the last Meeting Day of everv month
- 7:30PM hrsHR Carroliton Farmers Branch. Church of One Love (East Entrance). 2570 Valley View Ln, Farmers Branch, TX, 75234 (O,D) Newcomer Meeting
- 7:30PM hrsHR Central Group, The Rose Community Center(Gymnasium), Third Friday of the Month from 7:30p to 9:00pm(Birthday Night), 1949 N Washington Ave., Dallas, TX, 75204 (C,D,SD)
- 7:30PM hrsHR Eastside Recovery, 801 Alpha Dr. #127, Richardson, TX, 75081 (O.D.LT)
- 7:30PM hrsHR Keep It Simple Allen Group NA, 509 S. Greenville Ave., Allen, TX, 75002 (O,SPAD)
- 7:30PM hrsHR McKinney NA, First Christian Church, Located in the Discipleship Center near the rear of the main building. Entrance is next to the enclosed dumpsters. Signs will be posted., 1800 W Hunt St, McKinney, TX, 75069 (O) Birthday Night is held on the last Friday of the Month, Group Conscience is held on the 2nd Saturday of the month, 1:30pm
- 7:30PM hrsHR Town East NA. 2413 Gus Thomason Rd Suite #102. Mesquite. TX. 75150 (O) Birthday Night is held on the last Friday of the month, second Friday of the month is a speaker meeting
- 7:30PM hrsHR Unidos Podemos. 4609 Terry St Dallas 75223. Dallas. TX. 75223
- 8:00PM hrsHR Awakenings Group, 469-293-2537; Bday 1st Sat @ 7:30 PM; GC 2nd Sun @ 4:30 PM------Mon-Basic Text; Tue-Living Clean; Wed-IWHW; Thur-Step Working Guide; F-Speaker Meeting; Sat-Newcomer Open-Ended: Sun-Candlelight, 120 S Charles St. Lewisville, TX, 75057 (O.SPK)
- 8:00PM hrsHR Duncanville Group, 2550 W. Redbird LN, #206, Dallas, TX, 75237 (O,SPK) Group Conscience is held the first Saturday after area; Birthday Night is held on the 1st Saturday of the month, from 7-9p
- 8:00PM hrsHR Eastside Recovery: Virtual Meeting; ASL Interpreter Available Monday's at 8:00 P.M., Richardson, TX, 75081 (O.D.LT.VM)
- 8:00PM hrsHR KNT Ouinlan NA. 1209 E. Ouinlan Pkwy, Ouinlan, TX.
- 8:00PM hrsHR Last House on the Block, Greenland Hills United Methodist Church, 5835 Penrose Avenue (at Bremen), Dallas, TX, 75206 (O,D) Birthday Night is held on the first Friday, third and fourth Friday is Open Meetina
- 8:00PM hrsHR Miracles & Solutions of South Dallas, TX, 75215 (O,CC,VM) Birthday Night held on the last Friday of the month
- 8:00PM hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (C) In-person meetina
- 10:00PM hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (C) In person 10:00PM hrsHR Northside, TX, 75243 (O,VM) Meeting ID: 941 987 0188 Password:
- 11836. Speaker Meeting on 3rd Friday of every month

SATURDAY / SÁBADO (CONT)

8:00PM hrsHR Last House on the Block, Greenland Hills United Methodist Church, 5835 Penrose Avenue (at Bremen), Dallas, TX, 75206 (C,BK,LT)

- 8:00PM hrsHR Miracles & Solutions of South Dallas, Dallas, TX, 75215 (O,IP,VM) Group Conscience is the second Saturday of the month at 5:30 pm
- 8:00PM hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (O,SPK) Inperson meeting. Birthday night is the last Saturday of every month at 7:30 pm
- 10:00PM hrsHR Northside, 11836 Judd Court #318, Dallas, TX, 75243 (C)
- 10:00PM hrsHR Northside, Dallas, TX, 75243 (O,VM) Meeting ID: 941 987 0188 Password: 11836

MEETING FORMAT LEGEND								
AB	Ask It Basket	В	Beginners					
BK	Book Study	BL	Bi-Lingual					
BT	Basic Text	С	Closed					
CC	Chairperson's Choice	CL	Candlelight					
D	Discussion	ES	Espanol					
GM	Guided Meditation	HY	Hybrid					
IP	Informational Pamphlet	IW	It Works -How and Why					
JT	Just for Today	LGBT	Lesbian, Gay, Bisexual, Transgender					
LT	Literature Study	М	Men					
NS	No Smoking	0	Open					
OGP	Our Guiding Principles Study	RF	Rotating Format					
Rr	Round Robin	SD	Speaker/Discussion					
SG	Step Working Guide	SPAD	A Spiritual Principle a Day					
SPK	Speaker	St	Step					
TC	Temporarily Closed Facility	Tr	Tradition					
VM	Virtual Meeting-Online/Phone	W	Women					
WC	Wheelchair							

HELPLINES SERVICE MEETINGS

	PH	ON	ΕN	UM	BE	RS	
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DALLAS AREA MEETING LIST JULY 2025

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what Ask your Higher Power to keep you clean Come early and stay late Get a home group Go to 90 meetings in 90 days Read NA literature daily Get and use a sponsor Use the PHONE KEEP COMING BACK. IT WORKS

Meetings Weekly: 277

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

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